

FINALIZED CURRICULUM VITAE

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7. ABBREVIATED CURRICULUM VITAE

CURRICULUM VITAE

1. BASIC DATA

1.1 PERSONAL DATA

FULL NAMES : Bruce Burley Copley

DATE OF BIRTH : 22 March 1949

PLACE OF BIRTH : Pretoria, Republic of South Africa

FAMILY HISTORY : Married to Linda Mary Stocks in 1973
Three children, Sharlto Brandon,
Donovan Matthew and Marisa
Genevieve
Divorced in 2004

NATIONALITY: South African and British citizenship

NATIONAL SERVICE: Army Gymnasium in Pretoria from
January to December 1967

LANGUAGE PROFICIENCY: Fully bilingual (English & Afrikaans)

RESIDENTIAL ADDRESS : Klein Gustrouw Estate, Johkershoek
Road, Stellenbosch, Western Cape,
7196, Republic of South Africa

CONTACT DETAILS : Mobile 083 459 9894
bruce@aalearning.com
www.aalearning.com

1.2 PRESENT POSITION : Happily ReFired.....an elder of leisure
and pleasure, with travels to make, friendships to renew, people to meet,
time to spare and money to spend

1.3 **EDUCATION**

School

- a. Brooklyn Primary (1955-1957)
- b. Waterkloof Primary (1958- 1961)
- c. Pretoria Boys High (1962-1966)
Subjects passed for Matric (University Entrance) were: English, Afrikaans, History, Mathematics, Science and Biology.

University

- a. University of Pretoria:
B.A. (Physical Education), 1971.
- b. University of Pretoria:
B.A. (Physical Education) Honours, 1973.
- c. University of South Africa:
H.E.D. (1yr - Post Graduate), 1976.
- d. University of Pretoria:
**M.A. (Exercise Physiology), 1976
(with distinction).**
- e. University of Witwatersrand:
Ph.D. (Faculty of Science), 1980.
- f. Simon Fraser University, Vancouver, Canada
Post doctoral Studies 1985
- g. San Diego State University, California
USA Post doctoral Studies 1985

Ph.D. Report/ 1980:

Ph.D. thesis submitted in 1980 to the Faculty of Science, University of the Witwatersrand, Johannesburg, Republic of South Africa, entitled:

"An Anthropometric, Somatotypological and Physiological Study of Tennis Players with Special Reference to the Effects of Training."

Internal Examiner:

Professor Phillip Tobias, Head of the Anatomy Department and Dean of the Medical Faculty, University of the Witwatersrand, Johannesburg, Republic of South Africa, July 1980.

"The doctoral thesis presented by Mr Copley comprises a meticulously prepared and beautifully bound volume of XVI plus 355 pages Mr Copley has made what is undoubtedly one of the most comprehensive studies ever made on a group of representatives of a particular sport ... The candidate is to be warmly commended for the precision and clarity of his writing, which is refreshingly free of errors of syntax, spelling, punctuation, semantics and semiotics ... The candidate has shown himself to be most innovative in his modification or devising methods for such studies ... He has presented a most important contribution to both the methodology, analytical approach and the corpus of knowledge in the field of sport anthropology ...

The manuscript itself is remarkably free of errors whether by the typist or the author. Indeed it was as near perfect in this respect as any thesis this examiner has read in many years."

External Examiner:

Professor Lindsay Carter, Department of Physical Education, San Diego State University, San Diego, U.S.A., June 1980

"A well thought-out, carefully done, comprehensive thesis: A unique contribution. Depth and breadth of the thesis excellent ... There is no other scientific study of tennis players which approaches this one in scope and detail."

Information about world renown Professor Philip Tobias

Philip Tobias is one of South Africa's most honoured, acclaimed and decorated scientists, and a world leading expert on human prehistoric ancestors; he has been nominated three times for a Nobel Prize. Tobias has published over 600 journal articles and authored or co-authored 33 books and edited or co-edited eight others. He has received honorary degrees from seventeen universities and other academic institutions in South Africa, the United States of America, Canada and Europe. He has been elected as a fellow, associate or honorary member of over 28 learned societies. He holds the positions of Professor Emeritus of Anatomy and Human Biology at the University of the Witwatersrand, Honorary Professor of Palaeo-anthropology, Honorary Professorial Research Associate and is the Director of the Sterkfontein Research Unit. He has taught over 10 000 students during his fifty years of service at Wits Medical School. He was an outspoken critic of institutionalised apartheid and campaigned actively for its abolition.

1.4 **PROFESSIONAL HISTORY**

- a. **Transvaal Education Dept** : High School Teacher: January to December 1971.
- b. **University of Pretoria** : Lecturer in the Physical Education Department: January 1972 to March 1975.
- c. **University of Pretoria** : Sports Organiser: April to June 1975.
- d. **Rhodes University** : Lecturer in the Physical Education Department, July 1975 to December 1979.
- e. **Rhodes University** : Promoted to senior lecturer in the Department of Human Movement Studies: January 1980 to March 1987.
- f. Founder and Director of the **Rhodes University Sports Science Centre**: June 1980 to December 1986.
- g. **Simon Fraser University**, Burnaby, B.C. Canada : Post-doctoral research fellow working primarily with Professor W.D. Ross: February to August 1985.

- h. **San Diego State University**, San Diego, U.S.A : Post-doctoral research fellow working primarily with Professor L.E. Carter: September to December 1985.
- i. **University of Witwatersrand** : Associate Professor and Head of the Division of Physical Education (Human Movement Studies): April 1987 to July 1989.
- j. Chairman and co-founder of the **Institute of Movement Science** cc. Nov 1987 to Feb 1992
- k. Chairman and founder of **AAHA Learning**, March 1992 to Dec 2013

Post Doctoral Report:

Professor J. Dickinson, Chairman of the Department of Kinesiology, Simon Fraser University, Burnaby, Canada, July 1985

"On behalf of the department I should like to thank you for your contribution during your sabbatical leave. You successfully combined roles as a Post-doctoral Research Fellow and Visiting Professor and legitimately could claim both designations in your curriculum vitae. Dr Ross informed me that you were able to assist in refereeing journal papers and helped in planning for the International Society for the Advancement of Kinanthropometry. This kind of scholarly activity, while not being so visible as some other forms of academic endeavour is vitally important and is the kind of thing one expects of a senior research worker."

Post Doctoral Report:

Professor L.E. Carter, San Diego State University, San Diego, U.S.A., September to December 1985.

"Dr Copley gave a lecture on 'Human Movement Science in the Republic of South Africa' to my graduate class in Kinanthropometry. He was well prepared and delivered a very

clear and well illustrated lecture. He stimulated thinking and handled questions in an instructive and informative manner. He has a good lecturing style, emphasising major points, and injecting humour as appropriate. I found Dr Copley to be very perceptive about Sports Science research, well versed in the literature, and aware of problems to be studied. He has a penchant for detail and for doing things right ... I found Dr Copley a stimulating and delightful colleague. It was a pleasure to have him at our university - we learned from him and we hope he learned from us."

Report by the External Examiner for the Division of Physical Education.

Professor Noel Cameron, Department of Anatomy and Human Biology and Director of the Human Growth Research Programme at the University of the Witwatersrand, June 1989.

"I believe that the Division has achieved a high standard with regard to the quality of their examinations ... staff members have consistently shown the greatest concern with regard to properly challenging their students' knowledge and ability ... Professor Copley has certainly made the university sit up and take notice ... he has made a significant contribution to the academic success of the Science of Human Movement."

2. RESEARCH AND SCHOLARSHIP

2.1 PAPERS IN REFEREED NATIONAL\INTERNATIONAL JOURNALS (n=11)

- *Copley, B.B. (1978)* The effects of intensive tennis playing on certain morphological parameters. Proceeding of the Anatomical Society of Southern Africa. Abstract in: J. of Anatomy, 126, (3), 666.
- *Copley, B.B. (1980)* A morphological and physiological study of tennis players with special reference to the effects of training. S.A.J. for Res. in sports, P.E. and Rec. 3, (2), 33-44.

- Copley, B.B. (1981) Revised formulae for the prediction of tissue indices from anthropometric data. **S.A.J. for Res. in sports, P.E. and Rec.** 4, (1), 23-31
- Copley, B.B. (1983) Tennis Players. **New Zealand Journal of Sports Medicine**, 2, (1), 8-10, (Ed. P.V. Tobias).
- Copley, B.B. (1984) Effects of competitive singles tennis playing on serum electrolytes, blood glucose and blood lactate concentrations. Proceedings of the Physiological Society of Southern Africa. **Abstract in: S.A.J. of Science**, 80, 145.
- Copley, B.B. (1984) The effects of competitive singles tennis playing on serum electrolytes, blood glucose and blood lactate concentrations. **New Zealand Journal of Sports Medicine**, 12, 36-39.
- Copley, B.B. (1985) Woman in Sport: A review article. **New Zealand Journal of Sports Medicine**, 13, (1), 21-23.
- Copley, B.B. (1985) Maltraining **New Zealand Journal of Sports Medicine**, 13, (2), 54-56.
- Copley, B.B. (1986) Telemetered cardiac response to selected circus acts. **New Zealand Journal of Sports Medicine**, 14, (3), 63-65.
- Copley, B.B. (1987) The professional rodeo rider: a preliminary investigation. **New Zealand Journal of Sports Medicine**, 15, (4), 96-100.
- Copley, B.B. (1988) Morphological Characteristics of professional circus artists. Proceedings of the Anatomical Society of Southern Africa, **Abstract in: S.A.J. of Science**, 84, (6), 520.

2.2 PAPERS PRESENTED AT NATIONAL\INTERNATIONAL CONFERENCES AND PUBLISHED IN THE CONFERENCE PROCEEDINGS

1994

- Cogmotics: A quantum leap in learning and education. **Sixth National IPM Conference**: South Africa a learning nation, Indaba Hotel, Johannesburg, June 1994.
- Teamlearning: **Steinmuller** Essentials of Leadership Seminar, Broederstroom Conference Centre, West Rand, Sept 1994.
- “Time out: A collage of holistic experiences” **Momentum Life** Elite Conference, Elephant Hills Hotel, Zimbabwe, August 1994. (Bruce and Linda Copley)

1993 (n=5)

- Change-itis: Are you fighting, fleeing, freezing or flowing? **Fedics** Catering Managers Conference, VW centre, Midrand, July 1993.
- The Learning Organisation: **Fifth National IPM Conference**: Thinking globally, impacting locally. Indaba Hotel, Johannesburg, June 1993.
- Dealing with change: **Cashbuild** Conference, Garden Court Holiday Inn, Johannesburg, June 1993.
- From Partism to Holism: **Agrihold** Human Resources Conference. Mabula Game Lodge, May 1993.
- The learning organisation: Annual **NCP** Human Resources Conference, Espada Ranch, Pretoria, May 1993.

1991(n=3)

- To trust or not to trust. **Labour Link** Trust Building Conference, Business Presentation Centre, Johannesburg, October 1991.

- Cogmotics: Excellence through holistic integration. **Edumove** International Seminar, Johannesburg, August 1991.
- Resistance to change: An holistic perspective. **Executive Seminars** Superteams Conference, Balalaika Hotel, Johannesburg, May 1991.

1988(n=3)

- Cogmotics: Excellence through integration. (Copley, B.B. and Revert, T.A.), The Second **S.A. Fitness Convention** - Looking towards the 90's, Royal Hotel, Durban, September 1988.
- Human Movement: Modern approaches and perspectives. Forty-Second Conference and General Meeting of the **Headmasters and Headmistresses of the private schools in South Africa**, Royal Hotel, Durban, September 1988.
- Morphological characteristics of professional circus artists. 18th Congress of the **Anatomical Society of Southern Africa**, University of Pretoria, Marula Sun Hotel, Bophuthatswana, April 1988.

1983(n=1)

- The effects of competitive singles tennis playing on serum electrolytes, blood glucose and blood lactate concentrations. Congress of the **Physiological Society of Southern Africa**, Royal Hotel, Durban, October 1983.

1977(n=1)

- The effect of intensive tennis playing on certain morphological parameters. 8th Congress of the **Anatomical Society of Southern Africa**, Witwatersrand University, Johannesburg, May 1977

2.3 PAPERS PRESENTED AT NATIONAL/INTERNATIONAL CONFERENCES (NOT PUBLISHED) (n=7)

- Being a playmate. Annual **Psychiatric Occupational Therapy** Symposium, Constantia Conference Centre, Midrand, Transvaal, September 1990.
- Cogmotics and the severely mentally handicapped child. **Department of Education and Training** Seminar, Durban, May 1989 (presented by B. Copley and T. Revert)
- A kinanthropometric investigation of Southern African rickshaw pullers. 17th Congress of the **Anatomical Society of Southern Africa**, University of the Witwatersrand, Johannesburg, April 1987.
- Static and dynamic pulmonary volumes of highly trained male adolescent choir singers. Biennial Congress of the **South African Association of Physical Education and Recreation**. University of Pretoria, October 1982 (presented by B. Copley and P. Scott)
- The somatotype and body composition of professional and amateur tennis players. 12th Congress of the **Anatomical Society of Southern Africa**. Stellenbosch University, April 1982.
- The body composition of professional and amateur tennis players, National Symposium on **Research in Sport and Recreation**. Port Elizabeth, September 1980.
- Morphological and motor performance differences between male and female tennis players. International Symposium on **Research in Sport, Physical Education and Recreation**, Stellenbosch, September 1979.

2.4 BOOKS AND OTHER MEDIA (n=4)

- Copley, B.B. (1990) Kinanthropometric Traditions, Approaches and Contributions. IN: **From Apes to Angels:**

Essays in Anthropology in Honour of Phillip Tobias. Ed. G.H. Sperber, Wiley-Liss, New York, pp. 27-35.

- *Blaauw, J.H., Copley, B.B., Daehne, H. Desipres, M., Van der Walt, T. and Van Rensburg, J.P. (1988). Morphological characteristics of elite South African sports participants. Volume 1: **The South African Games Anthropometric Project, SAASSPER**, Pretoria.*
- *Copley, B.B. (1983). Body composition and physical activity. **South African Association of Sports Science, Physical Education and Recreation.** Publication No. 2/1983, 1-34, ISBN 0620 067640.*
- *Copley, B.B. (1979), Scientific Tennis. **Institute of Social and Economic Research**, Rhodes University, Grahamstown, South Africa, 1-96, ISBN 0 949980 98 6*

2.5 **RESEARCH GRANTS(n=20)**

<u>YEAR</u>	<u>AMOUNT (R)</u>	<u>AWARDING AGENCY</u>	<u>PROJECT</u>
1987	2 000	Witwatersrand University	Survey of the status of Physical Education in schools in the PWV area.
1986	6 500 8 000	SAASSPER Rhodes University	Contract Research Sports Science Centre
1985	5 000 7 500 8 000 1 500 2 000	SAASSPER SAASSPER Rhodes University Rhodes University Dept. National Ed.	Post doctoral research Contract Research Sports Science Centre Post doctoral research Sports Science Centre
1984	7 000 6 000 2 000	Rhodes University SAASSPER Dept. National Ed.	Sports Science Centre Contract Research Sports Science Centre
1983	4 000 5 500	SAASSPER SAASSPER	Volleyball study Contract Research

	3 000	Dept. National Ed.	Sports Science Centre
	6 000	Rhodes University	Sports Science Centre
1982	5 000	SAASSPER	Contract Research
	4 000	Rhodes University	Sports Science Centre
	1 500	Rhodes University	Circus Investigation
1981	40 000	SAASSPER	National SAGAP study

<u>YEAR</u>	<u>AMOUNT (R)</u>	<u>AWARDING AGENCY</u>	<u>PROJECT</u>
1978-80	40 000	Dept. Sport & Rec.	Tennis investigation
TOTAL	164 500		
	=====		

SAASSPER: South African Association for Sports Science, Physical Education and Recreation.

3. TEACHING HISTORY

3.1 COURSES TAUGHT

Theoretical: Biology, History, Afrikaans, Kinanthropometry, Tests and Measurements, Environmental Physiology, Work Physiology, Human Physiology, Research Methods, Statistics, Health Education and Sports Organisation and Administration.

Practical: Tennis, squash, archery, volleyball, basketball, resistance training, circuit training, cricket, track and field athletics, soccer, gymnastics and Physical Education.

3.2 DIPLOMA IN COGMOTICS: Presented by the Institute of Movement Science (March 1989, November 1989, April 1990, August 1990).

3.3 WORKSHOPS: see workshop presentations.

4. **POST GRADUATE STUDENT SUPERVISION**

4.1 **MASTERS DISSERTATIONS(n=2)**

- "An ultrasound based adiposity assessment system" submitted by **Mr N. Anderson** to the Department of Kinesiology, Simon Fraser University, British Columbia, Canada for an M.Sc. degree (1985).
- "Suurstofopname, suurstofskuld, spierhistologie en hartsnelheid by junior atlete" submitted by **Mr L.A. du Plessis** to the Department of Physical Education, Pretoria University for an M.A. degree (1983).

4.2 **HONOURS RESEARCH PROJECTS (n=27)**

(Names of Students are given in brackets)

- The effect of tennis and squash playing at amateur level on upper limb morphology and composition, 1986 (N. Sloan).
- Test-retest reliability and interanthropometrist objectivity. 1984 (S. Burden and H. Harvey).
- A morphological study of first and third year Rhodes University Physical Education students. 1984 (S. Burden and H. Harvey).
- The somatotypes of children aged 4 to 7 years. 1984 (S. Burden and H. Harvey).
- The morphology of expert South African squash players. 1982 (M. Lambert).
- Physiological characteristics of expert South African squash players, 1982 (M. Lambert).
- A morphological and physiological profile of Kevin Anderson. 1981 (S. Ellis-Cole).
- A morphological study of Durban rickshaw pullers. 1981 (S. Ellis-Cole).

- A bi- and tri-dimensional somatotype analysis of professional and amateur tennis players, 1981 (T. Jacobs).
- Static and dynamic pulmonary volumes of highly trained male adolescent choir singers, 1981 (P. Scott).
- A profile study of Martin Potter the 1980 amateur world surfing champion, 1981 (A. Travill).
- The morphology of expert South African barefoot waterskiers, 1981 (B. Wiggett).
- Diurnal variations in morphological and physiological variables in male Physical Education students, 1980 (A. Abraham).
- A study of the morphological and physiological characteristics of squash players with special reference to the difference between squash and tennis participants, 1980 (A. Abraham).
- Evaluation of the strength /mass ratio, 1980 (D.A. Coleman).
- A critical review of the heat tolerance test used by the S.A. Defence Force, 1980 (P.A. McMagh and D.A. Coleman).
- A critical review of the spot reduction theory, 1980 (P.A. McMagh).
- Lung volumes, capacities and functions of Rhodes tennis, squash, badminton and table tennis players, 1978 (T.J. Swanepoel).
- The somatotype rating of Rhodes first year Physical Education Students, 1978 (R.E. Cock, T.J. Swanepoel and J.D. Ellerbeck).
- The influence of biorhythms on golfing and rifle shooting performances, 1978 (J.D. Ellerbeck).
- A test of general tennis, squash and badminton ability, 1978 (J.R. Fieldsend).

- The effects of hyperventilation on breath holding time of Rhodes underwater divers, 1978 (T.J. Swanepoel).
- The maximum aerobic power and blood lactate levels of Rhodian rugby and hockey players, 1977 (H.M. Guiney).
- Symmetrical postural changes in Rhodesian school girls aged 13 to 17 years, 1977 (G. Jermyn).
- An anthropometric and somatotypological study of Rhodian female Physical Education students, 1977 (I.R. Phillips).
- Assessment of the gross energy expenditure of Rhodes cross-country runners, volleyball players, gymnasts and karate participants, 1977 (R.E. Cock).
- The predicted VO₂ max of Rhodes long distance runners, athletes and rowers, 1977 (R.E. Cock and J. Ellerbeck).

5. PROFESSIONAL ASSOCIATIONS

- 5.1 Registered as a **Biokinetician** with S.A. Medical and Dental Council (1987)

6. GENERAL

6.1 PAST AFFILIATIONS(n=6)

International Council for Physical Fitness Research ICPFR)
 International Society for the Advancement of Kinanthropometry (ISAK)
 Renaissance Business Associates (RBA)
 South African Association for the Advancement of Science (S2A3)
 Institute of Noetic Sciences
 Third Way Society

6.2 AWARDS

Awarded the 1982 BRITISH ASSOCIATION MEDAL by the South African Association for the Advancement of Science.

a. British Association Medal

The **British Association Medal** is awarded to a person under the age of 40 years who is actively engaged in scientific research and who has provided evidence by way of publications, discoveries and/or skills of outstanding capability and achievement, especially when measured by international standards. The medal has the status of one of the highest awards for original scientific research in Southern Africa.

The award was first made in 1932 by the South African Association for the Advancement of Science (S2A3). This Association, which is one of the oldest scientific institutions in South Africa was founded in 1902 and its congresses, meetings and journal, the South African Journal of Science, have provided an important service to researchers from all the physical, biological, social and other sciences.

The 1982 award was made to Dr Bruce Copley for his extensive morphological and physiological research on tennis players. This is the first time in its long history that the medal has been awarded to a Human Movement Scientist.

b. Comments on this award by Mr J. Bloem, Director General, Department of National Education, November 1982

"The Department of National Education, Directorate of Sport Advancement would like to congratulate you on receiving the British Association Medal for scientific research, which proves of your outstanding capability and achievement in the Sport Sciences field. Seeing that it is the first time in history that this medal is being awarded to a Physical Educationist, it is thus a great honour for Sport Science as well as Physical Education in South Africa."

c. Comments on this award by Professor Margaret Smith, Director of the Institute of Ichthyology, Rhodes University, Grahamstown, South Africa, September 1982.

"This is a breakthrough for Physical Educationalists. It is the first time the medal has been awarded to a Physical Educationalist acknowledging at last that those researching

the effect of different sports on the human body are scientists of the first rank ... Dr Copley is a truly dedicated scientific worker and has spent the best part of the last ten or more years investigating the physiological, morphological, sport anthropological and other effects of various sports such as rugby, hockey, squash, swimming, running, volleyball, karate, gymnastics, rowing, golfing, etc., but in particular, tennis at which he excels. As founder of the Rhodes University Sports Science Centre he has been able to imbue a number of young students with some of his own enthusiasm, and the work leading up to the formation of the Centre is no less remarkable than the research that is now emanating from it. To this man, a pioneer in more ways than one, go my warmest congratulations. May he go from strength to strength."

6.3 **RECOGNITION IN BOOK PUBLICATIONS (n=3)**

Inclusions in the following international publications:

- a. **Who's Who in Tennis**, edited by J. Cooke (1983), World Championship Tennis, p. 154.
- b. **Biography International: Biographical Historiette on Men and Women of Achievement and Distinction**, edited by K.L. Gupta (1987), South-Asia Publishing Co, p. 488.
- c. **International Biographical Centre: Men of Achievement**, edited by D.M. Todd (fourteenth edition), (1990), Cambridge England.

6.4 **PROFESSIONAL, POPULAR AND SERVICE PUBLICATIONS (n=41)**

- COPLEY, B.B (2003) The sounds of healing Part 1 and Part 2, **South African Journal of Natural Medicine**, Issues 10 & 11
- COPLEY, B.B Around 24 popular articles originally published in **SA Tennis** based on my PhD study and from my book **Scientific Tennis** in the 70's and 80's, were

listed on the **International Tennis Federation(ITF)** website in 2011 under a Science/Research category that contained around 750 listed articles The ITF is the world governing body of tennis providing a wide range of services, products, publications and tennis information. I authored the most publications in this listing around 3 times more than the next multiple listed author Dr Coleman with 8 listings. It was clear from the other listings most of which reported on tennis related injuries, that my contribution involved pioneering scientific tennis research.

- *COPLEY, B.B. (1995), Stop Studying and Start Learning, IT Review, Vol 2, No 6, June 1995, pgs 59 – 62*
- *COPLEY, B.B. (1994), Paradigm paralysis: Causes, complications and cures, HSRC Centre for Science Development Bulletin, March/April 1994, pg 12.*
- *COPLEY, B.B. (1994) Wholeness Science: A new approach, HSRC Centre for Science Development Bulletin, July/August 1994.*
- *COPLEY, B.B. (1994) Holism, Megalife Publications, July 1994, pgs 8-9.*
- *COPLEY, B.B. (1991), Human resource development and training - an holistic approach. The Leech, 60, (3), 38.*
- *COPLEY, B.B. (1990), A tribute to Professor Phillip Tobias: Commemorative Issue, The Leech: Journal of the Medical and Allied Students of the University of the Witwatersrand, 60, (1), 8.*
- *COPLEY, B.B. (1990), The magic and power of play, Odyssey, Feb/March, 13.*
- Somatotyping-development and applications (1990) by J E Lindsay Carter and Barbra Honeyman Heath : **Under Acknowledgements reference is made in this publication to my contribution to this pioneering scientific research**

- *COPLEY, B.B. (1989), A survey of the status and feasibility of Physical Education in schools in the Pretoria/Witwatersrand/Vereeniging area, Unpublished report.*
- *Circus by R.N. Manser(1987), Richard Institute, UK, ISBN 0904678024 Manser had this to say about my research on circus performers in his book on page 165 : **Of Medical Interest : A study unique in the West and probably in the world is that of the morphology, physiology, etc of circus performers such as is being conducted by Dr Bruce Copley of Rhodes University, South Africa.***
- *COPLEY, B.B. and REVERT, T.A. (1988), Cogmotics: Excellence through integration, South African Association for Sports Science, Physical Education and Recreation Newsletter, September 1988, 3, 4, and 13.*
- *COPLEY, B.B. and KIESOUW, L. (1985), Women in Sport - A force to be reckoned with! Woman's Forum, Dan Retief Publishers, Pretoria, 14-21.*
- *INTERNATIONAL WHO'S WHO IN TENNIS, (1983) World Championship Tennis, published by Owen Williams **Listed in this publication on page 154***
- *COPLEY, B.B. and COPLEY, L.M. (1979), Rugby the maim game? Fair Lady, 131 and 142.*
- *COPLEY, B.B. (1978), Liquid intake during tennis competition, S.A. Tennis, 1, 8-9.*
- *COPLEY, B.B. (1977), Long distance walks, Education, Organ of the S.A. Teachers Association, 87, 22-23.*
- *COPLEY, B.B. (1977), Circulation and Exercise, S.A. Tennis, 1, 10-11.*
- *COPLEY, B.B. (1977), What is tennis ability? S.A. Tennis, 8, 52-53.*

- COPLEY, B.B. (1977), The physique of champion tennis players, **S.A. Tennis**, 10, 6-7.
- COPLEY, B.B. (1977), The physical fitness of champion tennis players, **S.A. Tennis**, 11, 20-21.
- COPLEY, B.B. (1977), A new approach to sport injuries, **S.A. Tennis**, 12, 8-9.
- COPLEY, B.B. (1976), The effect of spin on a tennis ball, **S.A. Tennis**, 1, 25-27.
- COPLEY, B.B. (1976), Nutrition, **S.A. Tennis**, 2, 16-17.
- COPLEY, B.B. (1976), Important muscles, **S.A. Tennis**, 3, 6-7.
- COPLEY, B.B. (1976), Weight training: Part 1, **S.A. Tennis**, 4, 6-7.
- COPLEY, B.B. (1976), Weight training: Part 2, **S.A. Tennis**, 5, 16-17.
- COPLEY, B.B. (1976), Weight training: Part 3, **S.A. Tennis**, 6, 14-15.
- COPLEY, B.B. (1976), Muscle soreness - cause, prevention and relief, **S.A. Tennis**, 7, 10-11.
- COPLEY, B.B. (1976), Special aids to physical performance, **S.A. Tennis**, 8, 8-9.
- COPLEY, B.B. (1976), The pros and cons of warming up, **S.A. Tennis**, 9, 6-7.
- COPLEY, B.B. (1976), Motivation, **S.A. Tennis**, 10, 8-9.
- COPLEY, B.B. (1976), Environment and physical performance: Part 1, **S.A. Tennis**, 11, 16-17.
- COPLEY, B.B. (1976), Environment and physical performance: Part 2, **S.A. Tennis**, 12, 14-15.

- *COPLEY, B.B. (1975), Fitness for Tennis, National Safety, Safety First Association Incorporated, 9, 4-5.*
- *COPLEY, B.B. (1975), The Concept of fitness for tennis, S.A. Tennis, 6, 18-19.*
- *COPLEY, B.B. (1975), Training and tennis, S.A. Tennis, 7, 23 & 25.*
- *COPLEY, B.B. (1975), The learning process in tennis, S.A. Tennis, 8, 29 & 31.*
- *COPLEY, B.B. (1975), Measuring tennis skill, S.A. Tennis, 9, 19.*
- *GEYER, G.J., COPLEY, B.B., PRETORIUS, P. and SMIT, P.J. (1972) Die velvou as antropometriese kriterium en sy waarde vir die sportafrigter. Sportjaarblad, S.A.W., 23-30.*
- *VAN DER MERWE, G.W. and COPLEY, B.B. (1972) Tennis on various court surfaces, Record, S.A. Sport Traders Research, 10, 19 & 21.*

6.5 COMMENTS IN RESPECT OF PRESENTATIONS

Mr Anton Visagie, Sentrachem Group, Human Resource Director: "Your unique approach allows our employees to experience for themselves for the first time the benefits of good teamwork and communication and what it feels like to be trusted ... Your approach can be used from top management to primary school level ... Our training and development and culture building strategies have benefitted greatly from your approach".

Mrs Vivyan Alers, Member of the Psychiatric Occupational Therapists Group of the Transvaal: "We would like to thank you sincerely for your excellent workshop you presented at our recent symposium. ... A valuable learning experience for occupational therapists from all over South Africa.

Dr Vince Lovell, Managing Director of National Chemical Products: "Excellence, care and teamwork are an integral part of

our Apollo program ... After your unique teambuilding course I realize that we have much to learn about the basic ingredients".

Captain Bruce Rowan, Senior S.A.A. pilot and Crew Management Training Facilitator: "This course gave me different viewpoints on many of my assumptions ... Opened a lot of doors to me and has enormous potential".

Dr Stephan le Roux, Eskom Health Services Training Manager: "It was an eye opener and I genuinely discovered myself ... This is the only way of applying adult learning".

Mr Alan Elias, Southern Sun Hotels Group Training and Development Manager: "The exploration of new experiences made me feel how much I have missed over the years ... As a facilitator I learnt a great deal ... Your unique approach really works".

Mr Charles Gotthard, Leading South African Sculptor: "Trust, sincerity, sharing and a need to belong were brought together for me in the most open and rewarding way possible".

Dr Alan Tomlinson, Chairman of the Health Products Association of Southern Africa, Johannesburg: "We learned a great deal from your talk and it certainly gave us food for thought. ... Members who were unable to attend are regretting it now. ... We look forward to a long association with you."

Professor Phillip Tobias, Head of the Anatomy Department, Wits University: "We are extremely grateful to you for giving up your valuable time to address our Luncheon Club. ... I know that all who attended found your talk on the studies of human movement of great interest."

Mr D. Schroeder, National Junior Tennis Director, South African Tennis Union: "The South African Tennis Union would like to thank you most sincerely for the most stimulating and informative lecture. ... I can assure you, your lecture was by far the most interesting. The way you tied each and every division up so well with tennis, really grasped the interest of the delegates."

Mr Owen Emslie, National Director, The Squash Rackets Association of Southern Africa: "I would place on record our appreciation for your lecture and slide presentation. ... It was one

of the most interesting and illuminating addresses I have had the pleasure of attending. ... In discussing the lecture with members of the Squash Academy their reaction was similar to mine. ... They benefitted enormously from your lecture."

Mr Bob Campbell, Executive Director, South African Amateur Swimming Union: "Professor Copley has the knack of making difficult things appear easy, a hallmark of a great teacher."

Mr W. Neil-Boss, President of the Pyramid Club, of Port Elizabeth: "Your lecture enjoyed an excellent reception by a highly critical audience. I can pay no greater compliment than by assuring you that your audience was thoroughly captivated by its content and by the way in which it was presented. Your obvious command of the subject, perhaps best reflected during the question and answer phase after dinner and the skilled use of slide material, did much to make for a highly successful address."

6.6 **SPORTING AND RECREATIONAL ACTIVITIES AND ACHIEVEMENTS**

Actively involved in the following sports: squash, tennis, scuba diving, water-skiing (classical and barefoot), windsurfing, cycling, distance running and clay pigeon shooting.

Tennis representation

- a. S.A. Defence Force (1967)
 - b. Northern Transvaal (1967-1974)
 - c. S.A. Universities (1970-1974)
 - d. Eastern Province (1976-1977)
- Professional tennis coaching certification

Squash representation: (International, softball)

- a. Eastern Province team captain (1980)
- b. Eastern Province Country Districts (1984,1986)
- c. S.A. Country Districts (1984): Non-travelling reserve
- d. Participation in the World Masters Games 35-40 year old Squash Event, Toronto, Canada (1985)
- e. Transvaal Veterans Squash Team (45-50 yr age group), 1994

Supersportsman Competitions

- a. Rhodes University title (1980)
- b. Eastern Province (3rd position in 1980 and 1981)

Distance Running

Holder of the 1985 Vancouver "Father and Son", 9km title with my son Sharlto (aged 11 years) in a record time of 31 minutes, 50 seconds.

Water-skiing

Winner of the 1984 Standard Bank Water-skiing Championship held in Port Alfred, Eastern Cape. The championship consisted of slalom, trick and barefoot water-skiing events.

Scuba Diving

South African and International (CMAS) snorkel and scuba diving registration and certification.

Flying

Canadian ultralight pilot's licence(twin engine, 3 axis control) Also completed Private pilot and Paragliding training

6.7 **PERSONAL GROWTH AND DEVELOPMENT PRACTICES**

There can be little doubt that many people spend a great deal of time and energy in pursuing external goals and professional skills with little or no emphasis on their own personal growth and development. Until a few years ago most of my efforts had been directed towards the former, a fact which is evident from the contents of this document. Recognising the need to rectify this unhealthy state of affairs I have directed much of my attention to practices specifically aimed at my own personal growth and developments such as:

- Extensive reading and study of spiritual and psychological literature, e.g. Jung, Frankl, Capra, Scott-Peck, Ferguson, Holdstock, Smuts, Grof, etc.

- Lecture and workshop attendances dealing with topics such as fatherhood, manhood, leadership, co-operation, conflict resolution, movement and sound therapy, creativity, shadow work, philosophy, psychology, etc.
- Ongoing meetings and discussions and networking with experts in the psycho-socio fields, e.g. psychotherapists, holistic healers, play therapists, councillors, human resource trainers, etc.

6.8 **AUTO BIOGRAPHY:**

According to a reliable eyewitness, my mother, I caused quite a stir in the delivery room by being born without any vital signs. After being skilfully resuscitated, I spent the next 26 years being thoroughly marinated in Pretorian conservatism. For almost 2 decades I dedicated myself to academic studies and pursuits which culminated in my appointment as Professor and Head of Human Movement Studies at the University of the Witwatersrand. In what many of my friends and colleagues described as an act of madness, I decided to leave my ivory tower and become a freelance thinker, writer, facilitator and consultant. With the insight of hindsight, I not only believe that this was a wise move but also, that my half dozen qualifications from legitimate universities in South Africa and North America, constitute a classical example of educational overkill.

Using a unique holistic approach known as COGMOTICS, I facilitate and lecture on a wide range of themes and subjects in which I consider myself an enthusiastic and skilled explorer rather than a specialised expert or recognized authority.

As those who know me will attest, I have an outspoken disrespect for uncritical ideologies, stated limitations, definitive answers and the sacred jargon of various professions including my own. Family life and unity are of paramount importance to me and I am a serious advocate and practitioner of holistic health and fitness. To me the things that really count in life are wonder, curiosity, health, love, friends, family and nature. My 2 ongoing challenges in life are to hold to my visions lightly and to follow the advice I am paid to give others.

6.9 LECTURE AND LEARNINGSHP PRESENTATIONS (1973-2019 Total of 810)

2019 (n=8)

- Primal Fire and Circle ceremony, **Anton Meyer 70th Birthday Celebration**, 26 July 2019, Bruce Copley and Liesl Haasbroek
- Primal Fire, Circle ceremony message and Commusication, **Ericka Allison 72nd Birthday Celebration** 24 August 2019, Noordhoek, Western Cape, Bruce Copley and Liesl Haasbroek
- Primal Fire learningshop, Tree House staff **Boschendal Estate**, Franschoek, Western Cape, Liesl Haasbroek and Bruce Copley,
- Primal Fire and Bagpipe blessing, **Michelle Reid, 50th Birthday Celebration**, 21 September 2019, Hout Bay, Western Cape, Liesl Haasbroek and Bruce Copley
- Primal Fire, Commusication and Holistic Reintegration, **Soul Circus**, 24-25 Oct 2019, Swellendam, Western Cape, Bruce Copley and Liesl Haasbroek
- Embodied Complexity and Lessons from Nature, **CTS Comenius Conference**, 3-10 November 2019, Stellenbosch, South Africa, Bruce Copley and Liesl Haasbroek,
- Primal Fire, Holoprint, Vortexes and Patterns, **Montesorri Primary School**, Sun Valley, 12 November 2019, Bruce Copley and Liesl Haasbroek
- The primal fire and communication, **New Year camp**, Paarl, 30 Dec 2019 - 1 Jan 2020

2018 (n=3)

- Out of this world, **Public Learningshop**, Q Station, Sydney Harbour, National Park, Sydney, Australia, 21-24 March 2018, Bruce Copley, Jeanine Sciacca, Marie Alessi

- Holism and Out of this world **Public Learningshop** , Q Station, Sydney Harbour, National Park, Sydney, Australia, 19 May 2018, Jeanine Sciacca Bruce Copley and Liesl Haasbroek
- Communication and the Primal Fire, **Bishops Preparatory School**, 28 Nov 2018 Bruce Copley and Barbara Kennedy

2017 (n=6)

- A summer soiree of music, song and poetry : Time, the seasons and us, **In memory of Maureen Shear**, Helderberg Hospice Hall, Somerset West, Bruce Copley, Barbara Kennedy, Dorian Haarhoff and Chris Shear 25 February 2017,
- From love to LOVE, , **Plant People Gathering**, Hout Bay, Cape Town, 29 August 2017, Liesl Haasbroek and Bruce Copley
- **Chris Tokalon Memorial Ceremony**, Camel Rock Restaurant, Scarborough, Western Cape, 7 September 2017
- A holistic musical 50th birthday celebration, **Caroline Bruce**, Oaklands Country Manor, 9 September 2017, Harrismith, Bruce Copley, Liesl Haasbroek and Denzl Keenan
- Musical Smorgasboard, **Penguin School**, fund raising concert, Pringle Bay Community Hall, 18 Nov 2017, Bruce Copley, Barbara Kennedy and Debbi Best.
- Primal Fire, Circle ceremony message and bagpipe blessing, **Brian Berkman Birthday Celebration**, 27 Dec 2017, Pringle Bay, Western Cape, Bruce Copley and Liesl Haasbroek,

2016 (n=9)

- Holistic Learning and Living, Learningshop for **Labomat** staff and partners, Otterskloof, Game Farm, Philippolis, Bruce Copley and Barbara Kennedy, 21 February 2016

- The art and science of holistic learning, living and loving, **Child Welfare**, Kapano Nokeng Centre, Bloemfontein, Bruce Copley and Barbara Kennedy, 22 February 2016
- Holism in action, **Public Learningshop**, Bloemfontein Botanical Garden Conference Centre, Bloemfontein, 27 February 2016, Bruce Copley, Peter Christie and Igno van Niekerk
- Transforming the ordinary into the extraordinary, Happiness Matters, **BrandLove**, Vineyard Hotel, Claremont, Cape Town 26 April 2016, Bruce Copley and Liesl Haasbroek
- Holistic Coaching and Mentoring, **Mark and Tren Pledger**, Mislea, Hogsback, Eastern Cape, Bruce Copley and Liesl Haasbroek 27-29 May 2016
- Community Building, **Supacrush** Senior Management, Thunzi Bush Lodge, Port Elizabeth, Bruce Copley and Liesl Haasbroek, 30 May 2016
- Musical support, **Carole's 70th Birthday celebration**, Arum Hill Lodge, Natal Midlands, Bruce Copley, Lauren Copley, Donovan Copley, Matthew Du Plessis and Tamzon Du Plessis 10-11 June 2016
- From the ordinary to the extraordinary, **Mindi Baldwin Memorial Service**, Muizenberg Yacht Club, Cape Town, 22 Oct 2016, Bruce Copley, Liesl Haasbroek and Bevil Spence,
- Commusication Concert, **Noordhoek Manor Christmas Concert**, Noordhoek Manor, Noordhoek, Cape Town, 2 December 2016, Bruce Copley and Barbara Kennedy

2015 (n=6)

- Holistic Learning and Education, **Khulisa**, Cape Town, 10 February 2015

- Commusication, **Emslie Birthday celebration**, Nuweplaas, Greyton, Western Cape, 14 February 2015, Bruce Copley and Barbara Kennedy
- The original Fire, **Community of Spirit Festival**, Benlo, Hout Bay, Cape Town, 28 May 2015
- Musical and Soundscape Journey, **Art Retreat**, Glen Craig, Pringle Bay, ,28-29 March 2015, Bruce Copley and Barbara Kennedy
- Holistic learning, living, working and loving, **Public Learningshop**, Otterskloof, Philippolis, Eastern Free State, Bruce Copley and Barbara Kennedy, 4 October 2015
- Holistic learning, living, working and loving, **Public Learningshop**, Kapano Nokeng Centre, Bloemfontein, Bruce Copley and Barbara Kennedy, 6 October 2015

2014 (n=5)

- Musical house concert, **Ruyterplaats Estate**, Cape Town, , 9 March 2014, Bruce Copley, Barbara Kennedy and Andrew Eland
- Commusication concert, **Annual Chamber Music workshop**, Franschhoek, 1 April 2014, Bruce Copley and Barbara Kennedy
- Noordhoek Manor Commusication, **Noordhoek Manor**, Noordhoek, 5 May 2014 Bruce Copley and Barbara Kennedy
- Holistic Learning and Education, **Christel House Primary School** Staff Learningshop, Cape Town, 30 May 2014
- Noordhoek Manor Christmas Concert, **Noordhoek Manor**, Noordhoek, , 8 December 201, Bruce Copley, Barbara Kennedy and Scott family

2013 (n=14)

- The Clarytone : Become a musician in minutes, Lunchtime Concert Series, **St Georges Cathedral**, Cape Town, 9 January 2013, Bruce Copley and Barbara Kennedy,
- From the ordinary to the extraordinary, **Gordon and Michelle wedding**, Avalon Center, Hout Bay, Cape Town, 9 February 2013, Bruce Copley and Barbara Kennedy,
- The original Fire, **Festival of Shamans**, Blue Hippo, Greyton, Western Cape 23 February 2013
- **Family Gathering**, Shangri-la Country Lodge, 22-24 March 2013 , Bruce Copley and Barbara Kennedy
- The Original Fire : The Mother of all Archetypes, **Afrikaburn : Archetypes**, Tankwa Karoo, 1-6 May 2013, Bruce Copley, Barbara Kennedy and Liesl Haasbroek
- Community Building, **Amy Biehl Foundation**, Houw Hoek Inn, Grabouw, , 30 May – 1 June 2013, Bruce Copley and Barbara Kennedy
- Musical rendezvous, **Peet Pretorius, 70th birthday celebration**, Kuleni Game Park, Kwazulu Natal, 24 June 2013, Bruce Copley and Barbara Kennedy
- From the ordinary to the extraordinary, **Ray Sher's 80th birthday celebration**, Wits Almamata Center, Johannesburg, 10 August 2013, Bruce Copley and Barbara Kennedy,
- From Halfism to Holism, **Public Learningshop**, Shangri-la Country Hotel, 10-13 September 2013, (Bruce Copley, Barbara Kennedy, I van Niekerk and C Yuil) **Announced ReFirement after this learningshop**
- Commusication Musicshop, **Epworth Spring Arts Festival**, Epworth High School, Natal, , 17 September 2013, Bruce Copley and Barbara Kennedy
- Musical concert showcase, **Champagne Castle Hotel**, Winterton, Natal, 15 September 2013, Bruce Copley and Barbara Kennedy

- Commusication **Silver Mine Retirement Village**, Noordhoek, , 2 December 2013, Bruce Copley, Barbara Kennedy and Brendan Lassak
- Noordhoek Manor Commusication, **Noordhoek Manor**, Noordhoek, , 2 December 2013, Bruce Copley and Barbara Kennedy
- Commusication, **Waibels Gathering**, Constantia Glen, Cape Town, 26 December 2013, Bruce Copley and Barbara Kennedy

2012 (n=22)

- Staff Community Building, **South of Africa Hotel Group**, Shangri-la Country Lodge, , 9-11 January 2012, B Copley B Kennedy
- Holistic learning and education and staff community building learningshop, **Prestige College**, Hammanskraal , 12-13 January 2012, B Copley B Kennedy
- How people learn, Wealth Learning Conference, **Standard Bank** Global Learningship Centre, Johannesburg, 26 January 2012
- The Original Fireshop, **A festival of Shamans**, The Blue Hippo, Greyton, 24-26 February 2012, Dana Orlinka
- Connect, Exchange, Collaborate : Aaha 2012 Global Leadership and Learning Conference, **Standard Bank** Leadership Centre, Johannesburg, 27 February 2012
- The art and science of holistic management and training, **Public Learningshop**, War Museum Conference Centre, Bloemfontein, , 28 February – 2 March 2012, B Copley B Kennedy
- Holistic Learning and Education, **Universitas Primary School**, Bloemfontein, 29 February 2012
- **Arne 40th Birthday** celebration, Bloemfontein, 29 February 2012, B Copley B Kennedy
- Community Building, **Liberty Life** Broker Conference : The right stuff, Shandrani Resort and Spa, Mauritius, , 14-15 March 2012,

Bruce Copley, Barbara Kennedy, Jennifer Ferguson and Igno van Niekerk

- Community Building, Research Division, **National Council of Provinces, Parliament of South Africa**, Caledon Hotel & Spa, Caledon, 19-20 March 2012, Bruce Copley, Jennifer Ferguson and Andrea Brand
- Shangri-la **Public Learningshop** : From Halfism to Holism, 27 -30 March 2012, B Copley B Kennedy
- Community Building, **Momentum Life**, MFP Advice Online Call Centre, Willow Park Conference Centre and Resort, Doringkloof, Gauteng, 12 April 2012, Bruce Copley and Marina Karstel
- The Original Fire : Lessons and Insights : **Liberty Life** Retail sales and distribution : Cultural Drivers Journey. Magaliesburg, 7 June 2012
- Holistic learning, leading, living and playing **Public Learningshop**, Houw Hoek Inn, Western Cape, 12-15 June 2012, Bruce Copley, Barbara Kennedy & Sonja Niederhumer,
- Communication : The art and science of communal music making, Lebone Youth Leadership Festival, **Common Purpose South Africa**, Lebone II College, Phokeng, Gauteng, 4 July 2012, B Copley, C Ward, P van der Merwe
- Community Building, **Noordhoek Farm Village** staff, Noordhoek Sports Clubhouse, Noordhoek, 8 Oct 2012, B Copley B Kennedy
- Piped Music : Raise the roof 2012 Concert Series, **St George's Cathedral**, Cape Town, , 17 October 2012, B Copley B Kennedy
- Management Lessons and learning from the Original Fire, Edcon Retail Academy, Edgars Peak Trade Conference, **Blue Moon Corporate Communications**, Indaba Hotel Conference Centre, Johannesburg, 25 Oct 2012, Bruce Copley, Trevor Elliott and Courtney Ward,
- Community Building, **Café Roux** staff, Café Roux, Noordhoek Farm Village, Noordhoek 19 November 2012, B Copley B Kennedy

- Fueled to Fire 2013, Community Building, **South of Africa Portfolio of fine properties**, Shangri-la Country Lodge, 26-28 November 2012, B Copley B Kennedy
- **Aaha Learning Associates Farewell gathering**, Shangri-la Country Lodge, 30 Nov – 2 December 2012 B. Kennedy C Gotthard, N Kumst, R Sher,
- Scotland the Brave **Cape Town Highlanders Pipe and drum band**, Didgeridoo performance, Bergvliet High School, Cape Town, 8 December 2012 B Copley B Kennedy

2011 (n= 21)

- From halfism to holism **Radio Helderberg** Interview, Cape Town, 6 January 2011
- Community Building, **National Council of Provinces**, Parliament, Houw Hoek Inn, Western Cape, 27-28 January 2011
- Holistic leadership and community building, **Office of Chairperson, Parliament**, Lermirage Hotel, Franschhoek, 12 Feb 2011
- Holistic learning and education, Learning and Development Division, **Momentum Life**, Centurion, Pretoria, 14 February 2011
- Holistic Leadership, **Momentum Life**, Internal Communication, Disability Benefits, Johannesburg, 15 February 2011
- Community Building, **Amy Biehl Foundation**, Houw Hoek Inn, Grabouw, 20-21 April 2011, B Copley B Kennedy
- 70th Birthday **Karin Fry**, Betty's Bay, 24 April 2011, B Copley B Kennedy
- Holistic Management and Leadership, **Momentum Life**, KZN Transformation Panel, Distribution Service, KZN, 5 May 2011
- Commusication, **Amy Biehl Foundation**, Head Office, Cape Town, 11 May 2011

- Community Building, **Eerste River Hospital**, Cape Town, 12 May 2011,
- Shangri-la **Public Learningshop** : From Halfism to Holism, 21-24 June 2011, B Copley B Kennedy
- Holistic Learning, Living and Loving, **Mass Discounters**, The Ranch, Pretoria, 20-21 July 2011 Bruce Copley & Courtney Ward, Mark Turner
- Community Building, **Momentum Life**, Cape Town, 5 August 2011
- Commusication and the Original Fire, **Windgat Pringle Bay Festival**, Pringle Bay community Hall, 9-10 September 2011 B Copley B Kennedy
- The ancient sound of the future : Commusication **Ommieberg Spring Concert**, NG Church, Betty's Bay, 23 September 2011 B Copley, B Kennedy
- Holistic learning, management and communication **Greater Rustenburg Community Foundation**, Golden Leopard Resort Bakgatla, 10 Oct 2011
- Principles and Practices of Holism, **Rittal SA**, Johannesburg, 14 Oct 2011
- Community Building, **Anglo American Farms**, Erinvale Estate Hotel and Spa, 18 Nov 2011
- Shangri-la **Public Learningshop** : From Halfism to Holism 22-25 Nov 2011, B Copley B Kennedy
- Holistic Learning and Education, **Sanlam** Client Contract Centre, Durbanville, CT, 28 Nov 2011
- Graduation Ceremony/Celebration **Joan Modinger**, Rooi Els, 3 Dec 2011 B Copley B Kennedy

2010 (n=24)

- Commusication, **Crocs South Africa**, Craig Resort, Pringle Bay, 14 January 2010 B Copleyn Jamie Cloete
- Holistic Management and Learning, **SKA South Africa**, 22 Feb 2010, Glen Craig Hotel, Pringle Bay, Western Cape
- Holistic management and learning, Tribal Celebration, **Premier Growth Group**, The Unlimited World, 26-27 Feb 2010, Durban
- Commusication and Community Building, Peter Block Community Building, **Symphonia**, 2-3 March 2010, Fourways, Johannesburg, B Copley B Kennedy
- Clarytone magic, **Coalsafe**, One vision one goal, 11 March 2010 Johannesburg, Marie Beytel, B Copley B Kennedy
- Holistic perspective on Leadership, **Common Purpose** Leadership Insights, 16 March 2010, Johannesburg.
- Commusication and the Primal Fire, For **Penny Roux** piano teacher, 9 May 2010, Cape Town, B Copley B Kennedy
- The amazing Clarytone, **Centre for Creative Education**, 28 May 2010, Cape Town
- Holism : An introduction to the quantum world, Leadership Insights, **Common Purpose**, 27 May 2010, Cape Town
- Rainbow Vuvuzela, 3rd Series of Rainbow Rhythms for SABC 2, Produced by **SA Space Industries**, Muizenberg High School, 29 May 2010, Cape Town
- Community Building, Sanlam, **Glacier** Financial Solutions, 20 July 2010
- The aaha experience/Community Building, **State Security**, Programme Facilitators, EL & Tee events Management, 26-27 Aug 2010, Mount Amanzi, Haartebeespoort, Gauteng

- Information Overload, When is enough ever enough ?
Restorative Breakfast, The Cottages, EFI, Observatory, Johannesburg, 1 September 2010, Jeremy Burnham
- From Halfism to holism, **Public Learningshop**, Shangri-la Country Lodge, 7-10 Sept 2010, B Copley B Kennedy
- Primal Fire, Didgeridoo, Holoprint, **Wellness Fair**, V&A Waterfront Craft Market, 25-26 Sept 2010, Cape Town, B Copley B Kennedy
- Holistic learning and education, **Amy Biehl Foundation**, 14-16 Oct 2010, Houw Hoek Inn, Cape Town, B Copley B Kennedy
- Community Building, **ABSA** Fiduciary Conference Closing Ceremony, 21 Oct 2010, Johannesburg
- Commusication, **Stephanie Waibel** Residence, 28 Oct 2010, Cape Town, B Copley B Kennedy
- Commusication ; Vuvuzela, Lekolilo and Clarytone, **Amy Biehl Foundation**, 4 Nov 2010, Cape Town
- Connecting guests, **Fair Baby Shower**, , 20 Nov 2010, Cape Town, B Copley B Kennedy
- Commusication, **Celebrating Summer Tip of Africa**, 26 Nov 2010, Rondebosch, Cape Town, B Copley B Kennedy
- Community Building, **Standard Bank** Credit Card Division, 6 Dec 2010, Johannesburg Alan Hayes
- Original Fire and Soundscape Journey, **Pringle Bay Conservancy** Holiday Programme, , 10 Dec 2010, Western Cape, B Copley B Kenney
- Commusication, Wedding of **Tharieta Bosman** daughters 12 Dec 2010, Gauteng, B Copley B Kennedy,

- Holistic Animation, **SAODN** Leadership Development Showcase, Ernst & Young Offices, 9 minute presentation, Cape Town, 29 January 2009
- The Primal Fire and Commusication, **Hayward Safaris**, 10th Anniversary, Pretoria, Bruce Copley, Barbara Kennedy and J Ferguson, 30 January 2009
- Holism in Action, ISLP Pilot Programme, **CSIR**, Pretoria, 2 February 2009
- Houw Hoek Inn **Public Learningshop** : From Halfism to Holism, 20-22 February 2009, Bruce Copley and Barbara Kennedy, James Reader
- The Original Fire, **MAQ Bliss Chemicals**, Lesedi Cultural Village, Gauteng, 20 March 2009
- The Primal Fire, **One Breath Festival** – Namibian Bushmen, Pretoria, 27-29 March 2009
- Transformative Education, **London Speakers Bureau**, Cape Town, 8 April 2009
- Holism and Aging, **Silvermine Retirement Village**, Noordhoek, Cape Town, 14 April 2009
- The Original Fire, A new world and beyond, **King Pie**, Sun City, 6-7 May 2009
- Community Building and Holism, **Syngenta South Africa**, Shangri-la Country Lodge, D Pillay and Barbara Kennedy, 2-5 June 2009
- Holistic Wellness, 10th Annual Cancer Survivors Day, **GVI Oncology Trust**, Monte Vista, Cape Town, 15 August 2009
B Copley, B Kenney and D Copley
- Holistic Learning and Education, **Western Cape Education Department**, Celebration Day, Rhodes High School, Mowbray, Cape Town, 9 October 2009
- Holism and Community Building, Community Building : A Key leadership task, Peter Block, **Symphonia**, Claremont Civic Centre,

Cape Town. Bruce Copley and Barbara Kennedy, 12-13 October 2009

- Holistic Education and Learning, **Midrand High School**, Midrand, Gauteng, 22 Oct 2009,
- Didgeridoo Festival : **Andries Bryuns**, Klitsgras, Tiegerpoort, 24 Oct 2009, Bruce Copley, Barbara Kennedy, R Skillen & C Ward,
- From halfism to holism **Public Learningshop**, Shangri-la Country Lodge, 27 – 30 October 2009 Bruce Copley and Barbara Kennedy
- Transforming the Ordinary into the Extraordinary, **Pretoria University Education Department**, Groenkloof Campus, 2 Nov 2009, Johannes Slabbert
- Holistic learning and education, **University of the Orange Free State, CUT Division**, Bloemfontein, 4 November 2009 Met Igno here
- Holistic Education, **Western Cape Education Department**, District Circuit 5, Education Indaba, Cape Town, 7 November 2009,
- Holistic Learning and Education, **Western Cape Education Department**, Hangklip Hotel, Pringle Bay 30 Nov- 1 December 2009, (Bruce Copley and Barbara Kennedy) Mackie group

2008 (n=26)

- Holistic Education, **Groote Schuur Primary School**, 18 Jan 2008, Cape Town
- Holism, **DEBIS**, 23 January 2008, Johannesburg
- From halfism to holism, **Regenesis**, 25 January 2006, Johannesburg, with Edwin Hawthorn
- Community Building, **Office of Premier**, 29-31 January 2008, Johannesburg

- Holistic learning and living, **Pretoria University Education Department**, 1 February 2008, Pretoria.
- Holistic animation, **CSIR**, 6-8 February 2008, Pretoria
- From halfism to holism, **Crawford High School**, 21 February 2008, Johannesburg
- Sound and Healing Journey, **Kalish Kokepeli**, Sufi Center, Cape Town, 28 March 2008
- Holistic learning, living and loving, **AMP Australia Incentive Tour** : One tribe many voices, Cape Town International Conference Center(CTICC), 6 April 2008 (Barbara Kennedy)
- Holistic Learning and education, OD Seminar, Louise van Ryn, Cape Town, 10 April 2008
- Holism in Action, Networking Breakfast, **Emissary Foundation**, 17 April 2008, Johannesburg, Jeremy Burnham
- Holistic Learning and Education, **Grove Primary School**, 9 May 2008, Cape Town. B Copley B Kennedy
- From partism to holism, **Teachers Conference**, 16 May 2008, Cape Town B Copley B Kennedy
- Holism in Action : **Public Learningshop**, Shangri-la Country Lodge, 27-30 May 2008(Bruce Copley, Barbara Kennedy, D Fridjhon)
- Clarytone music, **U3A Muizenberg Chapter**, Muizenberg, 5 June 2008, Cape Town, B Copley B Kennedy
- Holistic Learning and Animation, **Mpumalanga Education Department**, 8-9 July 2008
- Commusication with Hang drums, **SA Steel Conference**, 4 September 2008, Johannesburg, with Barbara and Richard Cock
- Community Building, **Anchor Yeast**, 15-16 September 2008, Johannesburg,

- Holistic learning and education, **Mapumalanga Education Department**, 17-19 September 2008, Gauteng
- Community Building, **Hibiscus Private Hospital**, Oribi Gorge Lodge, 13-16 October 2008, Natal with Barbara Kennedy and Ellis Pearson
- The art and science of holistic learning and training, **Webinar Broadcast** with Rob Clarke and Todd Lewis in Sydney, Australia, 3 October 2008
- Holistic Masterclass Australian Tour, **Training Australia Magazine**. 2008 : (Bruce Copley and Barbara Kennedy) :
 - a. 6 Nov : Brisbane
 - b. 11 Nov : Darwin
 - c. 12 Nov : Sydney
 - d. 13 Nov : Melbourne
 - e. 21 and 22 Nov : Cairns

2007(n=21)

- Holistic learning and education, **Bishops Primary School**, 12 January 2007, Cape Town(Barbara Kennedy)
- Holism in action, **Somerset College**, 15 January 2007, Somerset West
- Community building, **SAACI**, 17 January 2007, Cape Town
- Community Building, **Shangri-la**, Elephant Springs & Avuxeni Senior Mangagment, Shangri-la Country Lodge, 2-4 February 2007, (Bruce Copley and T Elliott)
- Community Building, **Pelican Systems**, Makaranga Hotel, 8 February 2007, Kloof, Natal With Hayley Wills
- Community building, **Debis**, 12 Feb 2007, Cape Town

- Holistic **Public Learningshop**, Shangri-la Country Lodge, 8 – 11 May 2007, Bruce Copley and Barbara Kennedy,
- Community Building, Shangri-la, Elephant Springs and Avuxeni Staff, Shangri-la Country Lodge, 14-16 May 2007 (Bruce Copley and Barbara Kennedy)
- Primal Fireshop, **LeSeur** , 9 June 2007, Cape Town
- The secrets of holistic learning and education, **Waterbreath Retreat**, Crystal Waters Eco Village, 14 July 2007, Australia, Scott Dunbar
- Cogmotics : The art and science of holistic education and training and Holistic Intelligence, **Learnx Asia Pacific 2007 Conference**, Sydney Convention and Exhibition Centre, Darling Harbour, Sydney, Australia, 27 July 2007
- The secrets of holistic learning, **Management Consulting International**, 31 July 2007, Sydney, Australia.
- Primal Fire and Didgeridoo, **Drum Café**, Lenasia Town Hall, Johannesburg, 2007 : (Bruce Copley and Barbara Kennedy) :
 - a. 31 August
 - b. 1 Sept
- Primal Fire, **Hayward Safari**, 27 September 2007, Pretoria(Bruce Copley, Barbara Kennedy and J Ferguson)
- Holism, **7 O Clock Club**, Cape Town, 25 October 2007
- Drumming, **Herschel School**, Cape Town, 31 Oct 2007
- Community Building, **Exponent**, Leopard Song Lodge, Pretoria, 2 November 2007, Bruce and Courtney
- Holism in Action, **Public Learningshop**, Longridge Wine Estate, 16-18 November 2007(Bruce Copley, Barbara Kennedy and D Ferguson)
- Holism, **Widdex**, 4 Dec 2007, Cape Town

- Community Building, **Arabelle Hotel**, Kleinmond, 13-14 Dec 2007
B Copley B Kennedy

2006 (n= 24)

- Community building, **Exponent**, Timios Lodge, 27-28 January 2006, Bruce, Marinda, Edwin
- Holistic Animation, **CSIR training department**, 1-3 February 2006, Pretoria
- Community building, **SARCC, Railways**, 24 February 2006, Johannesburg
- Didgeridoo Maverick : Bruce Copley, The Free Spirit TV Series. **SABC 3**, Shoot the Breeze, Monkey Valley, Noordhoek 8 March 2006, (Bruce Copley, Barbara Kennedy, C Tokalon and D Levine)
- Community and holistic management, **Exponent**, Leopard Song Bush Camp, Pretoria, 5-7 April 2006(Andrea Gutfreud)
- Holism, **Kingsmead Racing Club**, 11 April 2006, Cape Town, with John Ballam
- Holistic animation, **CSIR Training Department**, 3-6 May 2006, Pretoria
- Community Building, **Great value music(GVM)**, 20 May 2006, Pharoah House, Johannesburg
- From halfism to holism, **Holistic supper club**, 8 June 2006, Cape Town
- Community Building, **Hibiscus Private Hospital**, Umdlalo Lodge, Natal, 31 July - 1 August 2006 (B Copley and C Ward)
- Holism, **Citadel**, 24 August 2006, Johannesburg
- Community Building, **Glaxo Smith Kline Pharmaceutical(GSK)**. Cabanga Conference, Centre, Northriding, Johannesburg, 2006 : (Bruce Copley, Barbara Kennedy, H Wills, P Freinkle. G

Wrogemann, L Steele, W van Straaten, B Whyte, P Hayward, D Huysamen) :

- a. Group 1 : 29 & 31 Aug, 5 Sept
 - b. Group 2 : 30 Aug, 6 & 8 Sept
 - c. Group 3 : 1, 7 & 12 Sept
 - d. Group 4 : 13, 14 & 15 Sept
-
- Holistic learning and education, **Somerset College**, Somerset West , 2006 :
 - a. 16 Sept
 - b. 30 November

 - Wedding Ceremony, **Malcolm Fair**, Kokerboom Forest/ Groenrivier, Nieuwoudtville, 23 September 2006 (Bruce Copley and Barbara Kennedy)
 - Drumming, **Turfontein Race Course**, 19 Oct 2006, Cape Town, John Ballam client
 - Community Building, **IAF**, 23-24 Oct 2006, Cape Town
 - Community Building, **Glaxo Smith Kline Pharmaceutical(GSK)** 2006 (Barbara Kennedy) :
 - a. 30 Oct
 - b. 31 Oct
 - Holistic management, **Intel**, 13 November 2006, Johannesburg, Devon Naidoo
 - Drumming, **Youth Foundation**, 5 December 2006, Cape Town

2005 (n=31)

- Community Building, **Eskom**, Arnot Power Station, Amanzintaba Resort, Bronkhorstspuit, 18-21 January 2005
- From halfism to holism, **CSIR**, Pretoria, 28 January 2005
- Holistic Management, **Eskom**, Arnot Power Station, Olifants River Lodge, Middleburg, 1-4 Feb 2005 (Bruce Copley, T Elliott and P Myburg)
- Holistic Intelligence, **YPO**, Johannesburg, 7 February 2005
- Community Building, **Sun International**, Sun City Resort, 14-16 February 2005
- Holism in action, **CEO club**, Cape Town, 2 March 2005
- Primal Fireshop, **McGegor**, 2 April 2005
- An evening of rhythm, dance, music and fire, **Dunlop UK**, Business Travel Team, Sun City Resort, , 6 April 2005
- Community Building, **Geen and Richards**, Durban, 12-15 April 2005(J Ferguson)
- Community Building, **Sorbet**, Shangri-la Country Lodge, 20-22 April 2005, Ian Fuhr and Andrea Gutfreud
- Wedding Ceremony, **Dr Bernard Brom**, Stellenbosch, 14 May 2005, (Bruce Copley, Barbara Kennedy, D Copley and C Tokalon)
- Community Building, **Eskom Arnot Power Station**, Olifants River Lodge, Middleburg, 17-20 May 2005
- Community Building, **Eskom Arnot Power Station**, Olifants River Lodge, Middleburg, 24-27 May 2005
- Community Building, **Eskom Arnot Power Station**, Olifants River Lodge, Middleburg, 31 May – 3 June 2005
- Holistic learning and facilitation, **Nkandla FET**, 30 June – 2 July 2005, Johannesburg

- Holism in action, **Rotary Club**, Port Elizabeth 11 July 2005
- From partism to holism : **Public Learningshop**, Novalis Ubuntu Institute, Wynberg, Cape Town, 18- 22 July 2005
- Community Building, **Exponent**, , Leopard Song Bush Camp, Pretoria, 3-5 August 2005, with Courtney Ward
- Community Building, **Development Bank of South Africa**, 31 Aug-2 Sept 2005, Johannesburg
- Holism and Community Building, **SARS**, Shangri-la Country Lodge, 6-9 September 2005
- Holism and Drumming, **Earth, Water, Air and Fire Festival**, 23-25 September 2005, Cape Town
- Community Building, **Citadel**, 4-6 October 2005, Johannesburg
- Holism and community building, **Glaxo Smith Kline**, Shangri-la Country Lodge, 10-13 Oct 2005, (T Elliott)
- Community Building, **Vines BMW Group**, Wotten House, England, 16-17 October 2005
- Learning to change : changing to learn, **Swedish Marketing Federation**, 20 Oct 2005, Stockholm, Sweden
- From halfism to holism, **Learning Lab**, Copenhagen, 26 Oct 2005 with Barbara
- The ancient sound of the future, **Northhampton Didge Society**, London, 3 November 2005
- Community Building, **Exponent**, Solole Game Reserve, Kommetjie, Western Cape, 11 November 2005, Sharon Du Plessis
- Holistic learning and facilitation, **Nkandla FET College**, 24-26 and 28-30 November 2005, Gauteng
- Community Building, **Nkandla FET College**, 28-30 November 2005, Gauteng
- Community Building, **Great value music(GVM)**, 3 Dec 2005, Johannesburg, Andrea Guttfeud

2004 (n=41)

- Parakletos Service, **Geen and Richards**, Durban HQ, 23-24 Feb 2004, Mark Turner
- Holistic learning and community building, **Gert Sibanye FET College**, Ermelo Campus, 25-27 Feb 2004, Edwin Hawthorn
- Community Building, **Hibuscus Hospitals**, Natal, 8 March 2004, Richard Mills
- Holism : The soul of business in SA conference, **Quality Life**, Sunnyside Park Hotel, Gauteng, 9 March 2004.
- Community Building, National Information Society Learnership, **CSIR**, 10-12 March 2004, Shangri-la Country Lodge, Laurie Barwell
- Halfism to holism **Public Learningshop**, Shangri-la Country Lodge, 16-19 March 2004 (Bruce Copley and Jennifer Ferguson)
- Community Building, **Geen and Richards**, Shangri-la Country Lodge, 23-26 March 2004 (J Ferguson) Mark Turner
- Art and Science of Holistic Animation, **Quality Life**, Glen Howe, Johannesburg, 29-30 March 2004, Dunne Edelstein
- Living in Community : Are you fighting, fearing, fleeing, fumbling or flowing ? Swartberg Hotel, Prince Albert, 24 April 2004, **Penny Adler**
- Holistic learning and education, **Kingsmead High School**, Johannesburg, 7 May 2004 Pat Brink
- Communication through drumming, **Readucate** Literacy and Life Skills programme with prison inmates, Pretoria Central Prison, Pretoria, 10 May 2004, Edna Freinkel. (Bruce Copley, C Tokalon and J Burnham)
- Community Building, **Early Bird**, Shangri-la Country Lodge, 12-14 May 2004, Arnold Prinsloo and Connie Du Toit

- Parakletos service, **Geen and Richards**, Natal HQ, 23-24 February 2004, Mark Turner
- Holism and community building, **Sasol** Polymers Polythene Marketing team, House of Pharaohs Conference Centre, Johannesburg, 17 May 2004, John Counihan
- Holistic management, DA Vinci, **Connectivity**, Johannesburg, 28 May 2004
- Holistic animation, **Quality Life**, Johannesburg, 10-11 June 2004, Debbie Edelstein
- Philanthropy in focus, **Charisma Communications**, Giving and Sharing Foundation, Commissioned by the Ford Foundation, Shangri-la Country Lodge, 30 June - 2 July 2004 (Bruce Copley and M Bastiaans), Ann Bown.
- Holistic learning and the Ancient Sound of the Future, Soul in Education and the Spirit of Learning Conference, **Epworth School**, Pietermaritzburg, KwaZulu Natal, 8-9 July 2004
- Holism and community building, **Relyant** HR Department, Shangri-la Country Lodge, 21-23 July 2004, Paul Gartner
- From halfism to holism **Public Learningshop**, Shangri-la Country Lodge, 27-30 July 2004 (Bruce Copley, Barbara Kennedy, J Ferguson, A Albertson)Arthur Albertson demonstrated the Primal Fire
- Holistic management and community building, **Sun International**, Sun City middle managers, Sun City Resort, Pilansberg, Phase 2 : 2004 : (Bruce Copley, Barbara Kennedy, J Ferguson, T Elliott, D Copley, J Ballam)
 - a. 14-15 July
 - b. 2-5 Aug
 - c. 10-13 Aug
 - d. 16-19 Aug
- Ancient sounds, timeless patterns, **Sun International**, The Palace Hotel, Sun City Resort, 20 August 2004.(Bruce Copley, Barbara Kennedy)

- Holistic Education and Community Building, **Nkangala FET** College, Olifants River Lodge, 10-11 September 2004, Petro Steyn
- Drumming, **World Vision**, Durban, 23 Sept 2004(J Ballam)
- Sound Alchemy, **Noordhoek Country Fair**, Noordhoek Common, 3 Oct 2004 (Bruce Copley and Barbara Kennedy)
- Community Building, **Early Bird Farm**, Shangri-la Country Lodge, 7-9 Oct 2004, Arnold Prinsloo and Syrienne Rex
- Ancient Sounds, Timeless Patterns, **Sun International**, The Palace Hotel, Sun City Resort, 20 August 2004 (Bruce Copley and Barbara Kennedy)

Holistic management and Community Building, **Sun International**, Sun City Resort, Pilansberg, Phase 3 : Used Barbara Kennedy, Trevor Elliott, Jennifer Ferguson, Donovan Copley and John Ballam : 2004

- 11-14 Oct
- 18-21 Oct
- 27-28 Oct
- 1-4 Nov
- 8-10 Nov

- Holistic Education and Community Building, **Nkangala FET** College, Olifants River Lodge, 11-12 November 2004, Petro Steyn
- Edutainment, **Herzlia Primary School**, Noordhoek Teepee, 26 Nov 2004 (Barbara Kennedy)
- From halfism to holism **Public Learningshop**, Shangri-la Country Lodge, 30 Nov - 3 Dec 2004(Bruce Copley and Barbara Kennedy)
- Holistic Innovation, **Da Vinci Institute**, Executive Management Development Programme, Mothabeng Guest Lodge, Gauteng, 6 Dec 2004, Elsbeth Dixon
- Drumming and music making, **Ebumanzini Creche** fund raising, Noordhoek, 10 Dec 2004 (Bruce Copley and Barbara Kennedy)

- Learningshop feedback, **CSIR**, Cilla, Pretoria, 16 Jan 2003, Awie Vlok
- From halfism to holism, **Nedbank** Corporate HR Division, Makaranga Lodge, Natal 3 Feb 2003, Craig Ralphs
- Holistic Management, **BOE**, NBS Kingsmead Auditorium, Durban 5 Feb 2003, Ian Mac Gillivray
- Communication in the Forest, **Redham School**, Cape Town, 7 Feb 2003, Megan Williams
- From information to fun formation, **Sun International**, Sun City staff presentation roadshow by Graham Wood with Conrad Koch puppet, 18 Feb 2003
- Drumming, **Noordhoek Típee**, 27 Feb 2003, Noordhoek
- Ancient sound of the future, **7 O Clock Club**, Centre for Creative Education, Cape Town, Hillary Bassett, , 6 March 2003(D Copley)
- Holism in action, Youth Education Programme, Quo Vadis, **Centre for Creative Education**, Plumstead, Cape Town with Donald Fridjhon, Batya Daitz and Fiona Mckay : 2003
 - a. 7 March
 - b. 12 March
 - c. 14 March
- Rediscovering your lost love of learning, **Pretoria University**, Groenkloof Campus, 24 March 2003, Pieter Du Toit
- From halfism to holism, **Public Learningshop**, Shangri-la Country Lodge, 25-28 March 2003 (Bruce Copley, C Tokalon, C Koch)
- Community Building, **MTN**, Johannesburg, 31 March 2003..... Lianne Tiley
- Rat Race Exterminators and Learning to change and changing to learn, **Art of Living Festival**, Civic Center Cape Town, with Jeremy Burnham and Dan Levine, 5 April 2003, Helen Ranger

- Discrimination Adventure, **Mapumalanga Education Dept**, 23-25 April 2003, Rani Chetty
- Didge demo, **Art of Living Festival**, Embizvent Convention Centre, Durban, 28 April 2003
- Community Building, **Metropolitan Life**, Erinvale Estate Hotel, Somerset West, 15 May 2003, Gabi Murray
- Holistic Learning and Management, **Sun International**, Sun City Phase I : 2003 : Graham Wood, Michelle Webber,
 - a. 9-12 June
 - b. 17-18 June
 - c. 23 -24 June
 - d. 1-4 July
 - e. 7-8 July
- Community Building, **Metropolitan Life**, Employee Benefits Division, Houw Hoek Inn, Cape Town, 5- 6 June 2003, with Naomi Kumst, Gabi Murray
- Holistic Learning and Education, **Tshwane North College, FET**, Opening Ceremony, Pretoria, 13 June 2003, Marinda Bastiaans,
- Halfism to holism, **Public Learningshop**, Shangri-la Country Lodge, 9-12 July 2003(Bruce Copley, J Ferguson, Barbara Kennedy, C Koch, M Wasserman)
- Community Building, **Tshwane North College FET** : Marinda Bastiaans : 2003
 - a. 14-17 : July Shangri-la Country Lodge,
 - b. 6 Oct : Botanical Gardens Pretoria,
- Community Building, **Gene and Richards**, Cayley Lodge, Drakensburg, Natal, 24-26 July 2003, J Ballam, Mark Turner
- Holistic learning, **New Horizons**, 18 August 2003, Sydney, Australia, Denise Myerson
- Problem solving and conflict management, **Tshwane North College**, Executive Staff, 19-21 November 2003, Pretoria, Marinda Bastiaans

- Holistic Learning and Community Building, **Tshwane North College**, Marinda Bastiaans : 2003 :
 - a. 7-8 Oct : Middle management
 - b. 9-10 Oct : Junior staff
 - c. 24-25 Nov : Middle management
- Holistic Learning and Education, **Gert Sibanye FET College**, Ermelo Campus Dr Edwin Hawthorn :
 - a. 5-6 November 2003
 - b. 17-18 November 2003,

2002(n=38)

- Drum Circle, **Candi Horgan**, Bruce Copley and Merwyn Bloch, Noordhoek, 9 January 2002
- Drumming, **Stefanie Waibel**, Cape Town, with Barbara Kennedy
 - a. 19 January 2002
 - b. 3 February 2002
 - c. 16 February 2002
- Holism and Community Building, **YBA**, Eurico De Freitas, 19 Feb 2002, Franschoek, Western Cape
- Holistic Wellness, **Quality Life Company**, Dunne Edelstein, 9 March 2002 in Cape Town and 6 April 2002 in Johannesburg
- Holistic learning and education, **Western Cape Education Dept(WCED)**, 15 March 2002, Cape Town
- Holistic Education, **WCED/EMDC**, 26-28 March 2002, Brede River, Western Cape
- From Halfism to Holism **Public Learningshop**, Shangri-la Country Lodge, 2-5 April 2002

- From halfism to holism, **Emmerentia Primary School**, 10 April 2002, Johannesburg
- Holism, **Corporate Connections**, Friday 12 April 2002, Fred Kuys Cape Town
- Psycho Acoustics and Rat Race exterminators, **Art of Living Festival**, Cape Town Civic Centre, Bruce Copley and Jeremy Burnham, 13 April 2002
- Community Building, **Sun International**, Table Bay general staff, 16-18 April 2002, Cape Town.
- Community Building, **Sun International**, Zimbali Lodge executive staff, 7-10 May 2002, Natal
- Drumming, **Highlands House**, 12 May 2002, Cape Town
- Drumming, **Scouts**, Típee Noordhoek, 17 May 2002
- Holistic Learning, Education in Nature Conference, Powsin, 23 May 2002, **Poland**..used interpreter
- Community Building, **SKF**, 25 May 2002, Sweden
- Holistic Education and Management, **MIL** Conference, 31 May 2002, Klippan, Sweden
- Holistic intelligence and learning, **Danish Trade Union** LO Lands Organisation, 1 June 2002, Denmark.
- Cogmotic learningshop, **HC Orstedvey**, 8 June 2002, Copenhagen, Sweden
- Community building and holistic management, **Vines BMW**, Woodhouse, London, 10-11 June 2002, England John Tenner
- Dual Didge performance at **Berlin Didge festival**, 14-16 June 2002
- Choir workshop, **Swedish Folkhogskola**, 17-26 June 2002, Sweden, Anders Nyberg, Jennifer Ferguson,

- Holistic learning and education, **Art in Business** Conference 1-8 July 2002, Castle Borl, presentation on 4 July 2002, Slovenia
- Earth Beat, Bruce Copley and Bevil Spence and Barbara Kennedy, **Earth Summit Gathering**, 25 August 2002, Sea Point Civic Center, Cape Town
- Didgeridoo demonstration, **Earth Festival**, 31 August 2002, Cape Town
- From halfism to holism, **Gauteng Natural Step Network**, Restorative Breakfast, 1 Sept 2002 Invited by Jeremy Burnham
- Holistic learning and education, **Mpumalanga Education Department**, Olifants River Lodge, Middleburg, 16-18 September 2002, Gauteng
- Community Building, **Herzlia Primary School** staff, 23 Sept 2002, Tokai, Cape Town
- Tourism and Travel : A holistic perspective, **Wild Rose Country Lodge**, 25 Sept 2002, Cape Town
- Commusication, **Noordhoek Country Fair**, 6 Oct 2002
- From Halfism to holism **Public Learningshop**, Shangri-la Country Lodge, 8-11 Oct 2002
- Community Building, **Sun International**, Sun City EOC, Bruce Copley and Jennifer Ferguson, 30-31 Oct 2002, Sun City Hotel
- **Holism : Public Learningshop**, Noordhoek Tpee, 10 November 2002, Cape Town
- Holistic Learning and Education, **Redham School**, 4 Dec 2002, Johannesburg
- Communal Drumming, **Waterfront**, Bevil Spence, 7 Dec 2002
- Holistic Education, **WCED EMDC Division**, Requested by Mackie Kleinschmidt, 13 Dec 2002, Cape Town

- Drithmix, **Dept of Health**, Sandton, Johannesburg, 18 Jan 2001, Ola South Africa
- Community Building, **Ola**, Johannesburg, 2 February 2001
- Holistic Learning and Education, **CSIR Training Department**, Pretoria, 7-9 Feb 2001, Dr Elsbeth Dixon
- Community Building, Ottery **Pick n Pay**, Houw Hoek Inn, 21-22 Feb 2001, Arthur Malcolm
- Drumming, **Herschel Outreach**, Herschel Grade 11 & 12 pupils, Cape Town, 24 Feb 2001 with Donovan Copley and Ronan Skillen
- Halfism to holism **Public Learningshop**, Shangri-la Country Lodge 27-30 March 2001
- Holistic Learning and Education, **Parktown College**, Johannesburg Marinda Bastiaans :
 - a. 26 March 2001 Parktown College Johannesburg
 - b. 4-6 June 2001 Shangri-la Country Lodge Group 1
 - c. 7-9 June 2001 Shangri-la Country Lodge Group 2
- Holistic Intelligence and the Rat Race Exterminators, **Art of Living Festival**, Artscape, Cape Town, Helen Ranger :
 - a. 30 March 2001 musical performance
 - b. 1 April 2001 drumming commusication
- Rhythmic Roundabout, **CDC** Drumming, Hermanus, 2 April 2001, Charlie Wagstaff
- Drumming, **Vodacom**, Cape Town, 3 May 2001, Troy Petzer
- Hollistic management, **Multichoice**, Cape Town, 10 May 2001
- Drumming, DeGoede Hoop Típee, Noordhoek, **Meerendal pre primary school**, Teresa Thomas :
 - a. 14 May 2001
 - b. 15 May
 - c. 21 May

- Community Building, **Corporate Connections**, De Goede Hoop Típee, Noordhoek, Fred Kuys 18 May 2001
- Yoga drumming, **Vivian**, Noordhoek :
 - a. 19 May 2001
 - b. 22 May 2001
- Houw Hoek Inn **Public Learningshop** : From halfism to holism, 25-27 May 2001.....Hilary article
- Holistic learning and living, **CSIR**, 11 June 2001, Pretoria, Michelle Groenewald
- Community building intro, **Sun International**, Table Bay Hotel. Cape Town, 14 June 2001
- Drumming, **Noordhoek Farm Village**, Youth Day, 16 June 200, Noordhoek, Cape Town
- Community Building, **Sun International**, Table Bay Hotel, Houw Hoek Inn, Cape Town, 20-22 June 2001, with Diana Ritson for Grant Ruddiman
- Community Building, **Telkom**, Bakabung Lodge, Pilansberg, 27-18 June 2001 with Trevor Elliott
- Halfism to holism **Public Learningshop**, 14-17 August 2001, Shangri-la Country Lodge
- Community Building, Sun International, **Zimbali Lodge**, Natal, 20-22 August 2001, Boris and Richard Mills.
- Holistic Management and Community Building, Sun International, **Table Bay Hotel**, EOC staff, Houw Hoek Inn, 27-31 August 2001 Grant Ruddiman
- Community Building, **Shell Chess**, Monkey Valley Hotel, Noordhoek, 3-4 Sept 2001
- Community Building, **Sun International**, Zimbali Hotel Finance Division, Wild Coast Sun Hotel. 19-22 Sept 2001 Richard Mills
- Drumming, Noordhoek, **Country Fair**, Noordhoek, 7 Oct 2001

- Holistic learning is better learning. **Swedish School, London**, UK, 12-14 Oct 2001, Cecilia Muhumar
- Learning to learn : exploring your potential, **Jutland**, 16 Oct 2001, Sweden
- Sustainable development as a learning process, 17 Oct 2001, **Jutland**, Sweden
- Learning to play, playing to learn, 18 Oct 2001, **Jutland**, Sweden
- To learn is to live, **Lars House**, 19-20 Oct 2001, Copenhagen,
- The art and science of holism, **Learning Lab**, 19 Oct 2001, Denmark
- Holistic learning and facilitation, **Danish Trade Union(DTU)**, 22 Oct 2001, Denmark
- From halfism to holism, **CSIR**, Pretoria, 22-23 Nov 2001 Patrick Buso
- Drumming, Noordhoek, 27 November 2001, Vivian
- Rumble, rattle and roll, **7 O Clock Club**, Center for Creative Education, Cape Town, 29 Nov 2001, Hillary Bassett
- Drumming, **Noordhoek Tpee**, 30 Nov 2001
- Holistic Learning, Commusication, **Tetrapak** , Villars, Switzerland, 11 Dec 2001
- An extraordinary learning adventure : Learning a living, Hotel Josty, Copenhagen, 17 Dec 2001, with **Aase Bundgaard**
- Communication through drumming, **Tetrapak**, Lund, Sweden, 18 Dec 2001 with Donald Fridjhon and John Ballamearned \$45 k for this session

2000(n=42)

- Drumming : A rhythmic roundabout, **Noordhoek Farm Village**, Noordhoek. 1 Jan 2000
- Holistic Education, **Oracle**, 14 Jan 2000, Are, Switzerland
- From halfism to holism, **Scandinavia on Line**, 20-21 Jan 2000, Stockholm, Sweden
- Stop studying and start learning, **Eriksson**, 25 Jan 2000, London, United Kingdom
- Holistic management and leadership, **ITC Business Knowledge School** Launch :
 - a. 6 March 2000 in Johannesburg
 - b. 8 March 2000 in Durban
 - c. 14 March in Cape Town
- Public Holistic **Learningshop**, Houw Hoek Inn, 24-26 March 2000, Grabouw, Bruce Copley and Donald Fridjhon
- Didgeridoo : The ancient sound of the future, **Leisureworx**, Dunhill Symphony of Fire, 6 April 2000, Signal Hill Noon Gun Naval Site, Cape Town, part of the Waterfront symphonic fireworks display, performed with Kirk Doman
- Drithmix, Cogmotics and the Rat Race Exterminators, **Art of Living Festival**, University of Cape Town, Leslie Building, Upper Campus, B. Copley, J Burnham, D Levine
 - a. 8 April 2000
 - b. 9 April 2000
- Excellence through integration of mind, body and spirit, **Shell** Growth and Development Seminar, Shell House Gallery, 10 May 2000, Cape Town
- Creating a workplace community, **Momentum Life**, Intundla Lodge, 19 May 2000, Gauteng
- Holistic learning and education, **AIESEC**, Leaders of tomorrow 2000 Conference, 20 May 2000, Quinta da Lagos Hotel, Portugal, Mira,

- Holistic Intelligence, **Management Institute of Lund**, MiLdays 2000, Leadership and Balance, MiL Campus, Klippan, Sweden, 26 May 2000
- Cogmotics Learningshop, **Interchange ApS**, Wings to Fly, A learning experience, Kursuscenter, 7-9 June 2000, Silkeborg, Copenhagen Toke Moller
- Didgeridoo meets violin, Lively-Arts, Part of **Ericsson** conference, London 14 June 2000, David Pearl, played didge with Miha Pocatchnic
- Holistic Learning is Better Learning, **International Institute for Industrial Environmental Economics**, Global Environmental Youth Convention : Sharing our Future, Lund University, Sweden, 15 June 2000
- Sound and Music Festival, Experience the difference, Drumming, Drithmix, Rhythmic roundabout, didgeridoo and gong demonstration, **Noordhoek Farm Village**, 1 July 2000, Cape Town
- Community Building, **Momentum Life**, Intundla Lodge, 14 July 2000, Gauteng
- Drithmix and Rhythmic Roundabout, **Odyssey Magazine**, Herschel Preparatory School Hall, Claremont, 22 July 2000, Cape Town
- Holism in action, Network evening **Diane Ritson**, 15 August 2000, Cape Town
- Halfism to holism, **Momentum**, 17 August 2000, Durban
- Learning from Experience : A holistic perspective, **Sun International**, Zimbali Hotel, Imbiso Room Conference Center, 19 August 2000, Natal
- Holism in Action : Culture audit and assessment, Phase 1, Sun City executives, **Sun International**, Sun City Resort, 21-23 August 2000
- Drumming, **Herschel School**, Preparatory Hall, 28 Aug 2000, presented with Donovan Copley and Ronan Skillen, Cape Town.

- The art and science of holistic animation and facilitation, Army Office : Directorate Management Services, **South African Air Force**, Motsweding Game Lodge, 29-31 August 2000. Francois Prinsloo
- Holistic intelligence in the new millennium, Talarforum on behalf of Foreningssparbanken, **Swedbank**, 14 September 2000, Dublin, Ireland.
- Drumming, **Yoga Group**, Noordhoek Tpee, 20 September 2000, Noordhoek
- Rhythmic Roundabout, **Perkins Power**, Change into the Electronic Age, 1 October 2000 Monkey Valley Resort.
- From halfism to holism : **Public Learningshop**, Shangri-la Country Lodge, 3-6 October 2000
- Cogmotic learning is better learning and Holistic intelligence, **Molndal High School**, 11 October 2000, Sweden.
- Holistic Education : Unlimited Learning, **Molndal Municipality**, 12 Oct 2000, Sweden
- Holistic learning and management, **Tetrapak** IT Division, 12 Oct 2000, Klippan, Sweden
- Ready for a higher education ? **Sarohus AB**, 13-15 October 2000, Gothenburg, Sweden. Lucia Forsberg
- Holistic Intelligence : From Partism to Holism, The Human Factor Project Networking Conference, **Ericsson** Project Management Institute, 17 October 2000, Oslo, Norway.
- Drumming, **Bay Primary School**, Noordhoek Tpee, 21 Oct 2000, Noordhoek
- Creating a Workplace Community, Sun City Executives, Phase 2, 23-27 Oct 2000, **Sun International**, Sun City Resort.
- Holism in action, **Noordhoek Private School**, 31 October 2000, Noordhoek, Cape Town

- Rhythmic Roundabout, **Fish Hoek School Clinic**, De Goede Hoop Típee, 8 November 2000, Noordhoek
- From halfism to holism, **Public Learningshop**, Houw Hoek Inn, 10-12 November 2000, Grabouw, Bruce Copley and D Fridjon....meets Carolyn
- Drumming, **Candi Horgan**, Noordhoek, 16 December 2000

1999 (n= 33)

- Community Building and Holistic management, **Proudfoot**, Entabeni Lodge, Naboomspruit, 11-12 January 1999
- From halfism to holism, Group 1 , **Western Cape Education Department**, Houw Hoek Inn, Grabouw : Bruce Copley, B Zworestine, Dave Garb
 - a. 18 Jan 1999
 - b. 10-12 February 1999
- Drithmix, **Steers**, Power of One National Marketing Conference, Wild Coast Sun, Natal, 31 January – 2 February 1999 Bruce Copley, Barry Zworestine, Jeremy Burnham, Phil Richardson, John Ballam, Richard Carter, Greg Stopforth, Tony Dold and Lisa Cavanagh
- Holistic Management and Leadership, **Pick and Pay** Regional Managers, Cape Town, 4 February 1999,
- From halfism to holism, **Western Cape Education Department**, Houw Hoek Inn, 10-12 Feb 1999, Bruce Copley, B Zworestine, Dave Garb
- Holistic principles and practices, **Public Learningshop**, Houw Hoek Inn, Grabou, Bruce Copley and Jeremy Burnham, 12-14 February 1999
- Understanding and managing conflict, **Livingstone High School** Prefects. Cape Town. 15 February 1999

- From halfism to holism, Group 2 , **Western Cape Education Dept**, Houw Hoek Inn, Bruce Copley, B Zworestine, 17-19 February 1999
- From halfism to holism, Group 3 , **Western Cape Education Dept**, Houw Hoek Inn, Bruce Copley, B Zworestine, 24-26 February 1999
- From halfism to holism, Group 4 , **Western Cape Education Dept**, Houw Hoek Inn, Bruce Copley, Donovan Copley and Greg Pastol, 3-5 March 1999
- From halfism to holism, Group 5 , **Western Cape Education Dept**, Houw Hoek Inn, Bruce Copley, Andre van Niekerk, Tossie van Tonder and Ralph Shepherd, 10-12 March 1999 Andre mask exercise
- From halfism to holism, Group 6 , **Western Cape Education Dept**, Houw Hoek Inn, Bruce Copley, Jeremy Burnham and Hamsa Le Roux, 17-19 March 1999
- Community Building, **Shangri-la** Staff, Shangri-la Country Lodge, Bruce and Linda Copley, 11-13 April 1999
- Drithmix, **Momentum Life Client Services**, Intundla Game Lodge, Gauteng, 15 April 1999,
- Family Celebrating **Linda's 50th Birthday**, Shangri-la Country Lodge. 16-18 April 1999,
- Community Building, **Shangri-la and Elephant Springs** Staff, Shangri-la Country Lodge, Bruce and Linda Copley, 21 – 22 April 1999
- Commusication, Novalis Candlelight Theatre, A benefit concert for Kevin Smith, **Novalis Ubuntu Institute**, Cape Town, Bruce Copley, Jeremy Burnham and Greg Stopforth, 7 May 1999
- From halfism to holism, Leadership and Joy, Mil Day, **Mil Institute**, Mil Campus, Klippan, Sweden, 28 May 1999
- Cogmotic **Public Learningshop**, Shangri-la Country Lodge, 9-12 June 1999

- Drumming, **Merck Sharp and Dohme Pharmaceutical**, Johannesburg, 19 June 1999
- Rhythmic Roundabout, **Health and Racket Club**, Cape Town, 13 July 1999, Jeremy Burnham
- Personal Mastery and whole person learning, SE 99 Conference, **Helsingborg Municipality**, Sweden, 25-26 August 1999
- Holistic management and leadership, **Helsingborg** HR Staff, Sweden, 30 August 1999
- Learning by responsibility **Ronneby Campus**, Sweden, 1 September 1999
- Learning : A quantum leap, **Helsingborg Town Planning Department**, Sweden, 3 September 1999
- Community Building, **Telkom** Management, Pretoria, 2 – 4 October 1999
- Cogmotics, **Bishops High School Staff**, Cape Town, 16 October 1999
- Holistic Education and Learning, **Jan Smuts Foundation**, Irene, Pretoria, 1 November 1999
- Cogmotoc learning is better learning, **Public Learningshop**, Shangri-la Country Lodge, Bruce Copley and Maritha Coetzee, 3-6 November 1999
- Holism in action, **Rotary Cape Town**, Cape Town, 15 November 1999
- Holistic leadership Wesbank, **Rivera Holiday Inn**, Johannesburg, 17 November 1999
- Drumming : A rhythmic roundabout, **Noordhoek Farm Village**, Noordhoek. 16 Dec 1999

1998(n=26)

- Halfism to holism, **Rotary Club**, Johannesburg, 13 January, 1998

- Community Building, **ABSA**, Johannesburg, 28-30 January 1998
- Holistic learning and management, **Sanlam**, Cape Town, 20 February 1998
- Halfism to holism, **YBM**, Cape Town, 12-13 February 1998
- Holistic Learning and Living, **Public Learningshop**, Chapel Hill Country Guest House, Rivonia, Johannesburg, Bruce Copley and Jane Burt.....attended by Donovan, 26-29 March 1998
- Drumming, **Drum Café**, Johannesburg, 5-6 June 1998
- Holism, **Centre for Higher and Adult Education**, Stellenbosch University, 10 June 1998
- Drumming, **Chief Joseph Group**, Waldorf School, Cape Town, 13 June 1998
- Community Building, **DTL Shipping**, Cape Town, 27 June 1998
- Holistic leadership and management, **Experian**, Johannesburg 22-24 July and 7-9 October 1998,
- Holism **Public Learningshop**, Espada Ranch, Pretoria, 29 July – 1 August 1998
- Holistic management and leadership, **Cold Chain**, Johannesburg, 12-13 August 1998
- The art and science of holistic learning, training, management and living, **Public Learningshop**, Espada Ranch, Pretoria....attended by Warren Lieberman 21-23 August 1998
- Community Building, **Cold Chain**, Crystal Springs, Johannesburg 11-12 September 1998
- Holistic management, **Mnet Magic Works**, Johannesburg 17-18 September 1998
- Community building, **Telkom**, 2-4 Oct 1998, Johannesburg
- Parakletos in-house services **Experian**, Johannesburg, 5-6 Oct 1998

- Community Building, **Experian** Executive team, Johannesburg, 7-9 Oct 1998
- Building an effective workplace community, **South African Breweries**, Johannesburg, 12 Oct 1998
- Holistic learning, living and loving, **Public Learningshop**, Shangri-la Country Lodge, Northern Province, 13-16 Oct 1998
- Holistic learning and education, **Western Cape Education Department**, Houw Hoek Inn, Grabou : 1998 :
 - a. 26 October
 - b. 2 November
 - c. 9 November
- Community Building, **Monkey Valley Resort** staff, Noordhoek, Cape Town. 12 November 1998
- Drumming, **Constantia Waldorf School**, Cape Town, 28 November 1998
- Discovering the rhythm within, **RALI**, Cape Town, 5 December 1998

1997(n= 30)

- Community Building, **Telkom IBU**, Human Resource Executive staff, 6-7 Feb 1997, Walkersons Lodge, Dullstroom, Tvl, Mario Kotze.
- Mastering the Challenge of Change", **Sanlam Marketing Division**, Roodevallei, Pretoria, 25 Feb 1997.
- From halfism to holism, **Iscor Training Department**, Pretoria, 17 March 1997
- Community Building, **Bankfin**, Aka Conference Center, Pretoria, 19 March 1997, Frikkie De Jager

- Community Building, **Resort Condominium International(RCI)**, Mabula Game Lodge, 23-25 March 1997, Athene van Mazijk
- Drumming playing with sound, **Wits Dept of Human Movement Science**, Johannesburg, 25 March 1997, Tony Dold, SABC filming of this event
- Holistic management and learning, **ABSA Business Services**, 16-18 April 1997 at Shangri-la Country Lodge and 4-6 June 1997 at Mount Grace Hotel, Magaliesburg, Jan Meyer
- Community Building, **Telkom IT Division**, Kwalata Game Lodge, Gauteng, 13-15 May 1997, Claudia Otterman
- Creative Leadership, **Cape Pomological Association**, CPA Business Management, Medocina Conference Center, Parrow, 15 May 1997 Gerhard van Heerden
- Discrimination, **Bankfin**, ABSA Conference Center, Pretoria, 19 May 1997, Cas Nel
- Holism in action, **Clicks**, Cape Town, 28 May 1997, Errol Gray
- Community Building, **Telkom, IBU**, Bakabung Game Lodge, Pilansberg, 19-20 June 1997 with Phil Richardson, Roger Chumie
- Leadership and drumming, **AIESEC CT** Winter School, 3 July 1997, Breakwater Lodge, Cape Town, Neil Campher
- Discrimination, **Carole Clydewiggens CD Center**, Knysna, 15 July 1997
- Community building, **RCI** Senior Management, Johannesburg, 6 Aug 1997, Athene van Mazijk
- Community Building, **Eskom Letabu Power Station**, Viljoensdrif, 11 Aug 1997, Joretha Augostine
- Community Building, **ABSA Business Systems Division**, Johannesburg, 12 August 1997, Marie Vermaak
- Holistic Management, **RCI**, Club Mikinos, Langbaan :
 - a. 18 Aug in Johannesburg

- b. 21 Aug 1997 in Durban
 - c. 25 Aug 1997 in Cape Town
- Community Building, **Hunters Country Hotel** general staff, 4-5 Sept 1997, Plettenburg Bay
- Holistic learning and facilitation, **YBM Consulting**, Stellenbosch, 11-12 September 1997 Eurico De Freitas
- Halfism to holism **Public Learningshop**, Shangri-la Country Lodge, 17-20 Sept 1997
- Holistic Leadership, **Cape Pomological Association**, Paarl Police College, 2 Oct 1997, Gerrit van Heerden
- Holistic Management, **ABSA**, Johannesburg :
 - a. 10 Oct 1997
 - b. 22-24 Oct 1997
- From Halfism to Holism **Public Learningshop**, Bushbell Conference Centre, Bryanston, Jhb 7-9 November 1997,
- Holism in action : **Public Learningshop**, Shangri-la Country Lodge, 12-15 November 1997
- Holism in action, **Trainer Presentation Contact Group**, Pretoria, 27 Nov 1997
- Community Building, **Anglo American Farms**, Vergelegen, Somerset West, 3-5 Dec 1997

1996 (n=55)

- Holistic learning and managing, **Imperial Cold Storage (ICS)**, Shangri-la Country Lodge, Gauteng, 17 - 19 January 1996.
- Holistic management, **ABSA**, Johannesburg, 26-28 January 1996
- Cogmotics: Learning through holistic principles and practice", **Gilbeys**, Stellenbosch : 1996

- a. 16 Feb
 - b. 20 Feb
- Holistic learning and teambuilding, **Old Mutual**, I.S.E. Division, Houw Hoek Inn, Grabouw, 21 - 23 February 1996, Neil Muller.
- Holistic Management, **Sun International**, Cabanas Hotel, Middle Management, Sun City Resort, Pilansberg, 4-6 March 1996. With Ian Fuhr
- "Change Management", **Mc Carthy Motors**, Helderfontein Conference Centre, Gauteng, 14 Mar 1996.
- "Holistic Education and Learning", **Association of Private Colleges**, Parktown Hotel, Johannesburg 19 Mar 1996.
- Cogmotics Public Learningshop, Shangri-la Country Lodge, Gauteng, 27 - 30 March 1996. (B.Copley, L.Copley and L.Bloch)
- Cogmotics Public Learningshop, Houw Hoek Inn, Cape Town, 10 - 13 April 1996, Co-facilitated with Dave Edwards.
- "Cogmotics: A quantum Learning Leap" **Rhodes University Education Department**, Grahamstown, 29 April 1996
- Holistic management and learning, **Old Mutual** I.S.E. Teamleaders, Erinvale Hotel, Somerset West, 8 - 10 May 1996, Neil Muller
- Introductory Cogmotics Public Learningshop, Protea Road, Sandton, Johannesburg, 11 May 1996, Linda Copley.
- Holistic Leadership and Learning", **Glass South Africa**, Emaweni Game Lodge, 22 -23 May 1996, Lelanie Scholtz
- "Psycho Acoustics", Public Seminar, **Omega Centre**, Johannesburg, 25 May 1996.
- Holistic learning and management for senior management, **Sun International**, Kwa Maritane Game Lodge, Co-facilitated with Ian Fuhr : 1996 :
 - a. 27 - 29 May
 - b. 5 - 6 August

- Community Building, **Sun City Cabanas**, Senior Management, Kwa Maritane, Pilansberg, 27-29 May 1996
- Power of One teambuilding, **Sanlam**, Emaweni Game Lodge, 24-25 June 1996. (B.Copley, T.Elliott, S.Vincent, P.Richardson, S.Page and M. McLachlan).
- Cogmotics Public Learningshop, Shangri-la Country Lodge, Gauteng, 26 - 29 June 1996, (B.Copley, L.Copley, J.Marketos, S.Vincent).
- Mastering Change in the New South Africa" **Aeisee**, UPE campus, Port Elizabeth, 2 July 1996, Tony Dold
- Change-it is : Are you fighting, fleeing, fumbling or flowing, Annual Leadership Development Seminar, **Winterschool**, Port Elizabeth, 2 July 1996,
- Holistic learning and management, **Sun International**, Sun City Resort, 9-11 July 1996
- Teambuilding, **BP South Africa**, Emaweni Game Lodge, Gauteng, 20 July 1996
- Holistic Learning and teambuilding : **Labour Link** : 1996
 - a. 2 - 4 May : Auberge Aurora Hotel, Krugersdorp,
 - b. 18 - 19 July : Bonwa Phala, Gauteng,
- Teambuilding: An Holistic Approach", **BP Southern Africa**, Emaweni Game Lodge, 20 July 1996.
- Change-itis: Fighting, Fleeing or flowing ?" **Institute of Personal Management (IPM)** Boland Branch, Spier Estate, Stellenbosch, 26 July 1996.
- Community Building, Sun International, **Cabanas Hotel**, Sun City Resort, 5-8 Aug 1996, Ian Fuhr
- "Holistic Learning and Facilitation" **RAU University**, Johannesburg, Karin van Zyl : 1996
 - a. 2 September

- b. 3 September
- Holistic learning and education, **Bankfin** senior management, Michael van Reenen :1996
 - a. 11-13 Sept : HeinSafari Lodge
 - b. 23-25 Oct : Shangri-la Country Lodge,
- Community building and holistic learning, **Anglo American Farms** Selbourne Country Lodge, Natal South Coast, 14 October, 1996.
- Change management, **Syfrets** ; 1996
 - a. 19-20 Sept : Johannesburg
 - b. 23 Sept : Nedbank Center in Durban
 - c. 25 Sept : Syfets Head Office, Cape Town
- Holism in business, **International Cold Storage ICS**), Executive development, 4-7 Oct 1996, Bazaruto Lodge, Mozambique. Bruce Copley and Linda Copley
- Community Building, **Anglo American Farms**, Selbourne Country Lodge, Natal South Coast, 14 Oct 1996
- Cogmotics Public Learningshop, Houw Hoek Inn, Grabouw, 9-12 Oct 1996, John Ballam and Liz Smith
- Cogmotics: A systems approach to Training and Learning" **Mnet Multichoice**, Johannesburg 28 October 1996.
- Cogmotics Public Learningshop, Shangri-la Country Lodge, Gauteng, 30 Oct - 2 November 1996, Willem de Jager.
- Community Building, **Syfrets**, with Linda Copley and Lance Bloch, 1996 :
 - a. 6 Nov : Bloemfontein,
 - b. 7 Nov : Durban,
 - c. 11-12 Nov : Johannesburg,
 - d. 18 Nov : Port Elizabeth
 - e. 19 and 21-22 Nov : Cape Town

- Change-itis: Are you Fighting, Fleeing, Fumbling or flowing ?"
South African Airways (SAA), Riverside Sun, Vereeniging, 4 Nov 1996.
- Quantum Learning leap, **KK Food Services**, National Training Conference, Glenburn Lodge, Johannesburg, 5 Nov 1996
- Managing change holistically **Unifruco** secretaries, Fleurbaix Conference Center, Stellenbosch, 20 Nov 1996
- Managing Change, **Gilbeys Financial Services**, Emaweni Game Lodge, 23 Nov 1996
- Holistic Management, Shopstewards, **Sun City Cabanas**, Sun City, Pilansberg, 28-29 November 1996
- Holism and community building, **Glass South Africa**, Mabula Game Lodge, 24-27 Nov 1996 Used Tony, Trevor, Jeanette, Steve and Eurico
- Drumming : Playing with sound, **Sandton Civic Gallery**, Johannesburg, 27 Nov 1996, with Tony Dold
- Holistic learning and education, **Presbyterian Sunday School Teachers**, Johannesburg, 5 Dec 1996, Lindsay Cook.

1995(n= 43)

- Breathe life into learning through the fire art of holistic animation.
AIC Learning Organisation Conference, Sandton Holiday Inn, Johannesburg, 25 Jan 1995
- Holistic education and learning, **Waterkloof Hoerskool**, Waterkloof, Pretoria, 21 January 1995
- "Cogmotics: The art and science of holistic education" **National Association of Women Business Owners**, Johannesburg, January 1995.
- "Teamlearning" **Steinmuller**, Johannesburg, January 1995.

- Cogmotics **Public Learningshop**, Shangri-la Country Lodge, Northern Transvaal, 15-18 February 1995 (B. Copley, L. Copley, S.Nel, A.Malan)
- The power of one introductory **Dimension Data**, 24-25 February 1995 (B.Copley, P Hayward and T. Elliott)
- "Stop studying and start learning" **University of the Witwatersrand**, Centre for Continuing Education Seminar, February 1995.
- Stop Studying and Start Learning", **St Stithians School**, Johannesburg, 6 March 1995.
- Mastering change, **Labour Link** Change Conference, 4-ways EFI Centre, Johannesburg, 29 Mar 1995.
- "Change-itis: Are you fighting, fleeing, or flowing?" **Toyota South Africa**, Toyota Conference Centre, Johannesburg, 31 March 1995.
- Cogmotics **Public Learningshop**, Shangri-la Country Lodge, Gauteng, 5 - 8 Apr 1995. (B. Copley, L. Copley, P. Richardson and T. Elliott)
- An Introduction to Cogmotics, A **Public Learningshop**, Sandton, Johannesburg, 20 May 1995 (Bruce and Linda Copley).
- Teambuilding and teamlearning, **Improvair**, Hunters Rest Holiday Resort, 6 - 7 May 1995 (Co-facilitated with Ian Fuhr).
- Power of One Teambuilding, **Denel Informatics**, Emaweni Game Lodge, 16 May 1995 (Co-facilitated with Peter Hayward, Lance Bloch and Trevor Elliott).
- "The Power of One", **Haywood Safaris**, Elephant House, Johannesburg Zoo, 18 May 1995.
- Cogmotics: A quantum learning leap, **Oakhill School**, Knysna, 2 - 4 June 1995. (Support facilitator Tony Dold)
- "Mastering the Challenge of Change" **IPM Boland Branch**, Stellenbosch, 6 June 1995.

- Cogmotics **Public Learningshop**, Houw Hoek Inn, Cape Town, 7 - 10 June 1995. (Bruce Copley, N Muller, P Bodenstein and G Hawkes)
- "Stop Studying and Start Learning", **AIESEC Winterschool**, Wits Business School, Johannesburg, 27 June 1995.
- Teambuilding, **Health and Racquet Club Group**, Houw Hoek Inn, Cape Town, 6 - 7 July 1995.
- "Change Management", Series of 4 seminars presented to the **Botswana Natural Productivity Centre (BNPC)**, Botswana, July 1995.
- Cogmotics **Public Learningshop**, Shangri-la Country Lodge, Gauteng, 19 -22 July 1995. (co-facilitated with Dave Edwards and Lance Bloch)
- "Change-itis: Fighting, flowing, fumbling or fleeing ?" **Public Relations Institute of South Africa (PRISA)**, Sandton Holiday Inn, Johannesburg, 26 July 1995.
- "Holistic Learning and Training", **Investec Group**, Valley Lodge, Magaliesburg, 9 August 1995.
- Teambuilding and Holistic Learning, **Imperial Cold Storage (ICS)**, Xakanaxa Camp, Okavonga Swamps, Botswana, 13 - 16 Sept 1995.
- "Managing and Mastering Change", **Monis**, Drakensburg, 20 Sept 1995.
- A quantum learning leap, Developing a learning culture, **AIC Conferences**, Sandton Sun Hotel, Johannesburg, 21 September 1995
- "Cogmotics: Holistic Education and Training", **Wits Technicon**, Johannesburg 27 Sept 1995.
- "Holistic Learning and Change", **Nedcor Bank College**, Johannesburg, 4 Oct 1995.
- Putting the heart back into business, **Sanlam**, Roodevallei Country Lodge, Pretoria, 5 October 1995.

- "Team Rhythm" **Steinmuller Group**, Johannesburg, (R Carter as co-facilitator) 6 Oct 1995.
- "Change Management and Mastery", **Mc Carthy Motors**, Waterfront, Cape Town, 17 Oct 1995.
- Cogmotics **Public Learningshop**, Houw Hoek Inn, Cape Town, 18 - 21 October 1995 (B.Copley, N.Muller and L.Smith)
- "Personal Change: Are you fighting, fleeing, fumbling, freezing or flowing ?" **IMP 39th Annual National Convention**: the Making of Competitiveness, 25 Oct 1995. This presentation was part of a change team effort involving Ian Fuhr, Sandy Gluckman and Pat Sebobe.
- "Holistic Education and Learning", **Kempton Park High School**, Kempton Park, 27 Oct 1995.
- Cogmotics **Public Learningshop**, Shangri-la Country Lodge, Gauteng, 1 - 4 November 1995 (Bruce Copley, L Copley and J Marketos)
- Holistic teambuilding and teamlearning for middle management, Sun International, **Cabanas Hotel, Sun City**, 6 - 8 November 1995. Co-facilitated with Ian Fuhr.
- Cogmotics: A quantum Learning Leap, **West Rand Training Board**, Roodepoort, 15 Nov 1995
- "The art of Listening" **Chicken Licken**, Vereeniging, 16 Nov 1995.
- Holistic Teambuilding, **Steinmuller**, Bonwa Phala Lodge, Gauteng, 27 - 29 November 1995 (Co-facilitated with Susan Nel)
- Teambuilding and Holistic Learning, **ABSA World Growth Consulting**, Shangri-la Country Lodge, Gauteng : (B.Copley, D.Edwards and C. Gotthard).
 - a. 24 - 26 November 1995
 - b. 26 - 28 Jan 1996

- The art and science of holistic managing, learning, training and teaching, **B.M.W. South Africa**, Heia Safari Ranch, Gauteng, 14 November 1995.

1994(n=30)

- The Cogmotoc Approach to Learning, Staff Development Course, **Siza Learning Resource Centre**, Madadeni, Natal, 4-5 February 1994,
- “Holistic education, learning and living” **Institute for Dynamic Development** Mind and Body Expo, Sandown High School, Johannesburg, February 1994.
- An introduction to Cogmotics, **Public Learningshop**, 87 Protea Rd, Sandton, Johannesburg, February 1994, (Bruce and Linda Copley).
- “Flexible paradigms” **Grinaker Projects**, Strategic Planning Seminar, Mick Mc Cormick Centre, Johannesburg, March 1994.
- “Mastering the Challenge of Change” **Workwise business development group**, Keith Kirsten Conference Centre, , Johannesburg, February 1994.
- “Cogmotics: A Quantum Learning Leap” **Institute for Dynamic Development**, Allegro Restaurant State Theatre Complex, Pretoria, March 1994.
- “Holistic Education” **Technikon S.A.** Headquarters, Florida, March 1994.
- “A new way to teach” **Momentum Life**, Momentum Life HR Seminar, Pretoria, May 1994.
- “Cogmotics: A Quantum Learning Leap” **University of the Witwatersrand**, Education Dept Seminar, Johannesburg, May 1994.
- “Education for a new nation” **Roseland Primary School**, June 1994.

- An introduction to Cogmotics, **Public Learningshop**, 87 Protea Rd, Sandton, Johannesburg, Linda Copley) 1994 :
 - a. 11 June
 - b. 18 June
- Holistic Management, **Old Mutual Group Schemes** Regional Conference, Glenburn Lodge, Johannesburg, 13 June 1994
- From Halfism to Holism **Public Learningshop**, Shangri-la Country Lodge, Northern Transvaal, 6-9 July 1994, (L. Copley, L. Palm, J. Mincher and H. Renaon)
- Team mind, body and spirit, **Rhone Poulenc Rorer**, Tsitsikama Forest Inn, Storms River Mouth, 2-4 Sept 1994.
- Rethink Team building, **SAMC**, Hunter's Country House, Plettenberg Bay, 12-14 July 1994
- Cogmotics Learningshop, **Sanlam**, Strand Pavilion Hotel, Strand, Western Cape, 25-26 July 1994
- Team mind, body and spirit, **Technikon S.A.** Johannesburg Linda Copley : 1994 :
 - a. July : Aventura Resort, Warmbaths
 - b. November : Technikon S.A. Conference Centre, Johannesburg
- "Integral Learning" **ABSA**, HR Department, Johannesburg, July 1994.
- "Cogmotics: A new way of learning" **Rand Afrikaans University**, Human Resource Development Seminar, Johannesburg, August 1994.
- "The art and science of holistic learning" Red Cross Centre, **Wilderness Leadership School**, Johannesburg, August 1994.
- "A new paradigm of learning" , **Old Mutual**, HR Department, Old Mutual Centre Auditorium, Johannesburg, August 1994.
- "Cogmotics: The missing link in education" **Oakhill School**, Teachers seminar, Knysna, September 1994. L Copley

- “The fine art of holistic learning” Share the Oakhill Vision, **Oakhill School**, Knysna, September 1994, L Copley
- “Recognising, reconciling and valuing differences in the New South Africa” , **Success Tutorial College** Breakfast Seminar, Balfour Court, Johannesburg, October 1994.
- “Cogmotics: A new way of learning” **Johannesburg College of Education**, TED Education Aid Centre, Johannesburg, October 1994
- From Halfism to Holism: **Public Learningshop**, Shangri-la Country Lodge, Northern Transvaal, 26-29 October 1994, L. Copley, C Primos, J van Vuuren, L. Palm, M. McLachlan
- Holistic learning and management, **UAL Investment Planning Services**, Foundation House Conference Centre, Fourways, Johannesburg, 22 November 1994, K. Jennings.
- “The Power of One”, **Secluded Country Lodges**, Zoo Lake Restaurant, Johannesburg, November 1994.

1993(n=19)

- "Self Esteem, concept and image". **Ridge Primary School**, Johannesburg, March 1993.
- From Halfism to Holism: **Public Learningshop**, Shangri-La Country Lodge, N. Transvaal, March 1993. L. Copley, P. Richardson and P. Roux
- Managing Change, **Cashbuild**, Johannesburg 12 June 1993
- "From Halfism to Holism". **University Anatomy Department**, Sherington Wits Club, Johannesburg, June 1993.
- "The Management of Change", **Direct Selling Association** Sandton Sun Hotel Johannesburg, July 1993
- “From Halfism to Holism”, **Public Learningshop**, Shangri-la Country Lodge, N. Transvaal, July 1993, L. Copley, P Richardson, and L. Palm

- "Play Communication" **South African Communication Services**, Pretoria Branch, B. Copley and F. Donaldson, July 1993
- Holistic Intelligence, **Fedics**, Johannesburg, 2 July 1993
- Shangri-la Staff Team Building, **Shangri-La Country Lodge**, N.Transvaal, July 1993, L. Copley
- "From Halfism to Holism" **Public Learningshop**, Shangri-La Country Lodge, N. Transvaal, July 1993. (B. Copley, L.Copley, P. Richardson, I. Fuhr, G. Hering, F. Donaldson and S. Leadley)
- Holistic learning and education, **Arm Scor**, Pretoria, 4 August 1993
- Holistic management and communication, **Standard Bank**, Standard Bank Center, Johannesburg, 6 August 1993
- "Holism in learning and communication" **Arm Scor**, Arm Scor Head Office, Pretoria, August 1993.
- From halfism to holism, **Iscor** Institute of industrial engineering, Pretoria, 29 Sept 1993
- "The Learning Organization", **The S.A. Institute of Industrial Engineers**, Iscor Club, Vanderbijlpark, September 1993
- "An Introduction to Cogmotics" **Public Learningshop**, 87 Protea Rd, Sandton, Johannesburg, 23 October 1993, L. Copley
- "Heal your life" with Horace Dobbs, **Michael Mount Waldorf School** Johannesburg, 30 and 31 October 1993, Steve Vincent, L Muller
- "Holistic learning and communication" **Edgars**, Changes and challenges conference, Johannesburg, November 1993.
- Holistic alpha to omega, **Public Learninghop**, Shangri-la Country Lodge, 17-20 Nov 1993 L Copley

- Your prejudices imprison you : Discrimination at Play, **Monument Park Primary School**, Monument Park, Pretoria, January 1992, (Bruce Copley and J Greeff).
- "Aaha Learning" **Old Mutual**, Old Mutual Personnel Division, Head Office, Johannesburg, February 1992
- Paradigms, Change and Vision, **National Chemical Products (NCP)** Planning Division, Helderfontein Conference Centre Midrand, February 1992
- Human Resource Facilitators **Public Learningshop**, Shangri-la Country Lodge, N Transvaal, February 1992, L Copley, L Sher and S Kenan
- Teambuilding, **National Chemical Products (NCP)**: Natal Yeast Division, Margate, February 1992 (Bruce Copley and A Visagie).
- "Holistic Facilitation: The missing link in education?" **New Schools Trust (NEST)**, Phuthing High School, March 1992.
- "Becoming a facilitator". **Iscor**, Iscor Training Department, Head Office, Pretoria, March 1992
- Discrimination Workshop, **Treetops**, Kyalami, March 1992, (B Copley and J Greeff).
- Human Resource Facilitators **Public Learningshop**, Shangri-la Country Lodge, N Transvaal, March 1992, L Copley, P Richardson, P Bielovich and S Kenan).
- Facing the future now : Real communication in negotiation: **Premier Milling**, Killarney Head Office, Johannesburg, April 1992
- Motivation: The inside out story". **Adcock Ingram**, Research and Development Division, Mount Grace Hotel, Magaliesburg, April 1992
- "Parenting: Are you fighting, fleeing or flowing" **Ridge Primary School** PTA, Johannesburg, May 1992

- Advanced programme in holistic facilitation, **Iscor Human Resources and Personnel Departments**, Shangri-la Country Lodge, N. Transvaal, May 1992 (Bruce Copley and L Copley, C Gotthard, P Roux, J le Roux, S Kenan)
- Teambuilding, **Grinaker Projects**, Shangri-la Country Lodge, N Tvl, May 1992 (Bruce Copley, L Copley, J le Roux, J Marketos).
- Systems thinking and doing **NCP**, Chloorkop branch, Kempton Park Conference Centre, Kempton Park, May 1992.
- A Holistic Approach to Change, **International Training in Communication (ITC)**, Sandton Holiday Inn, Sandton, Johannesburg, May 1992, (Bruce Copley and L Copley)
- Teambuilding and teamwork **Adcock Ingram Pharmaceuticals** Shangri-la Country Lodge, N. Tvl, June 1992 (Bruce Copley, L Copley, J le Roux, J Marketos, C Gotthard and S Kenan)
- Teamwork and Communication **South African Tourism Board**, Marriot Hotel, New York, USA, November 1992,

1991 (n=39)

- Change, Communication and Team Work, **Bidcorp Group**, Royal Hotel, Durban, January 1991, (Bruce Copley and L Copley).
- Team Building, **National Chemical Products(NCP)**, Head Office, Johannesburg, February 1991
- Paradigms and Change, **Emissary Foundation International(EFI)**, Fourways, Johannesburg, February 1991
- Holistic teaching and learning, **Ocean Sailing Academy**, Durban, March 1991, (Bruce Copley and B Krebs).
- A new teaching paradigm, **St Martins Preparatory School**, Johannesburg, April 1991

- Cogmotics **Public Learningshop**, The Cottage, Magaliesburg, April\May 1991. (Bruce Copley, L Copley, T Revert, L Radomsky, P Richardson and C Gotthard).
- Cogmotics: Theory and Practice", **Wits Anatomy Luncheon Club**, Johannesburg, May 1991
- The Justine Tribe - A cogmotic Approach, **Justine Cosmetics** Sandton Sun, Johannesburg, 4 May 1991, (Bruce Copley, L Copley, T Revert, M Greeff, Y Viljoen, J le Roux, P Bielovich and L Radomsky).
- Cogmotic **Certification Course** - Level 1, Johannesburg, May 1991, (Bruce Copley, L Copley, T Revert, L Radomsky, P Richardson and L Sher).
- The delicate art of teamwork, **National Chemical Products(NCP)** Shangri-la Country Lodge, N Transvaal, May 1991,(Bruce Copley and P van der Merwe).
- Paradigms and Change, **Sun International**, Southern Sun and Holiday Inn Management Conference, Cape Sun, Cape Town, May 1991
- Resistance to change : A Holistic perspective, **Executive Seminar Conference on Superteams**, Balalaika Hotel, Johannesburg, May 1991
- Change-itis: Are you fighting, fleeing or flowing? **Unidata**, Division of Datakor Holdings, Annual Unidata Elite Club Conference, Wild Coast Sun, June 1991, (Bruce Copley and L Copley).
- Holism or Halfism, **Institute of Movement Science(IMS)**, Johannesburg, Presentations in :
 - a. June 1991
 - b. July 1991
 - c. August 1991.
- Is your team a picture or a puzzle? **Executives Seminars**, Volkswagen Training Centre, Midrand, June 1991, (Bruce Copley, L Copley and T Revert).

- "Change-itis: Are you fighting, fleeing or flowing?". **Conference Speaker Promotions**, Presentation Centre, Johannesburg, July 1991.
- Leadership and Followership, **Emissary Foundation International**, Fourways, Johannesburg, July 1991, (Bruce Copley and P Richardson).
- Human Resource Facilitators **Public Learningshop**, Shangri-la Country Lodge, N Transvaal, 22-26 July 1991, (Bruce Copley, L Copley, T Revert, P Richardson and L Sher).
- Recognising and Reconciling differences in the New South Africa **Du Basson and Partners**, Head Office, Pretoria, August 1991, (Bruce Copley and J Greeff).
- Teambuilding, **Aiken and Peat (KPMG)** Annual Managers Conference, Karos Lodge, E Transvaal, September 1991, (Bruce Copley, P Bielovich and T Revert).
- Thinking for change. **S.A. Institute of Industrial Engineers**, Keynote address at the 6th annual conference, Royal Swazi Sun, Swaziland, September 1991 (Bruce Copley, L Copley and P Bielovich).
- A lateral thought approach to fleet management, **Michael Crankshaw and Associates**, Annual Fleet Management Conference, Bifsa Conference Centre, Johannesburg, September 1991
- Cogmotic **Certification Course** - Level 2, Johannesburg, September 1991, (Bruce Copley, T Revert, C Gotthard and L Sher).
- Discrimination: A holistic experience, **Kwandebele National Development Corporation**, Head Office, Kwandebele, September 1991, (Bruce Copley and J Greeff).
- Teamwork and teambuilding, **National Chemical Products (NCP)**, Shangri-la Country Lodge, N Transvaal, October 1991, (Bruce Copley and A Visagie).
- Only you can make the difference in the new South Africa, with Dr Leo F Buscaglia hosted and chaired by Dr Bruce Copley, 29 October 1991 First live MTN satellite teleconference in South

Africa with Dr Buscaglia in Reno Nevada and Dr Copley in Mnet studios in Johannesburg. Sponsored by the **Advtech Group**, Anchor Ms Anette Du Plessis. At hotels in Johannesburg, Cape Town and Durban. Assisted by L Copley, T Revert, J Greeff, M Greeff, P Bielovich, P Richardson, B Moore, R Sher and Y Viljoen

- "An introduction to Dr Leo Buscaglia". Video presentation to the **Redhill School Parent & Teachers Association**, Redhill School, Johannesburg, October 1991.
- "Change-itis: Are you fighting, fleeing or flowing?". Address given to the **S.A. Institute of Management**, Rosebank Hotel, Johannesburg, October 1991.
- Teamwork and teambuilding, **Mabatho High School**, Bophuthatswana, October 1991, (Bruce Copley and R Sher).
- "Change: An holistic perspective". Presentation made at the annual seminar of **Eskom Industrial Engineers**, Jan Smuts Holiday Inn, Johannesburg, October 1991.
- "You and your changing environment". **First National Bank Treasury** annual seminar, Indaba Hotel, Johannesburg, November 1991.
- Cogmotics : **Public Learningshop**, Shangri-la Country Lodge, 4-8 Nov 1991 (Bruce Copley, L Copley & T Revert)
- Teambuilding, **National Chemical Products (NCP)**, Shangri-la Country Lodge, N Transvaal, November 1991. (Bruce Copley and P van der Merwe).
- Discrimination: An Holistic perspective, **Vista University**, Idasa, N Transvaal, November 1991, (Bruce Copley and J Greeff).
- Human Resource Facilitators **Public Learningshop**, Shangri-la Country Lodge, N Transvaal, November 1991. "Teambuilding", (Bruce Copley L Copley and L Sher).
- "The art and challenge of being fully human", **Blues Marketing**, Personnel Group, Johannesburg, November 1991.
- On being fully human, **Grinaker Projects**, Megawat Park, Johannesburg, November 1991, "".

1990 (n=44)

- "Cogmotics and the schizophrenic child". **Society for Parents of Schizophrenics**, Johannesburg, January 1990.
- "Mind/Body Intelligence: Fact or Fiction?". This audio-visual presentation given at the **Institute of Movement Science**, Johannesburg on a monthly basis by special invitation only.
- " Life : play it by heart" National Playshop tour presented by Dr Fred Donaldson. Assisted by Dr Bruce Copley, In collaboration with the Emissary Foundation International : 9 lectures, 12 mini playshops and 9 full day playshops ; Total of 30 presentations
 - 3 Feb Emissary Foundation, Johannesburg
 - 4 Feb Field and Study Centre, Johannesburg
 - 6 Feb Field and Study Centre am
 - 6 Feb Field and Study Centre pm
 - 7 Feb Field and Study Centre
 - 8 Feb Wits University, Johannesburg
 - 9 Feb Wits University am
 - 9 Feb 1990 Unisa, Pretoria pm
 - 10 Feb Emissary Foundation
 - 11 Feb Field and Study Centre
 - 12 Feb Tzaneen
 - 13 Feb Londolozi Private Nature reserve
 - 15 Feb Redhill School, Johannesburg
 - 16 Feb Field and Study Centre
 - 17 Feb Emissary Foundation
 - 18 Feb Field and Study Centre
 - 19 Feb Redhill school
 - 20 Feb Field and Study Centre
 - 22 Feb Holiday Inn, Durban
 - 23 Feb Kloof, Durban am
 - 23 Feb Kloof pm
 - 24 Feb Kloof
 - 26 Feb Life Line Centre, Cape Town
 - 27 Feb University of Cape Town
 - 27 Feb Hohenhort Hotel, Cape Town
 - 28 Feb Life Line Centre
 - 2 March Life Line Centre

- 3 March Hohenhort Hotel
- 4 March Southern Cross, Cape Town
- 5 March Life Line Centre
- Playing by heart, **SABC**, National television broadcast interview with Dr Fred Donaldson and Dr Bruce Copley, Good morning South Africa, Feb 1990, Johannesburg
- Trust, risk taking and decision making, **Graphtec Holdings**, Mabula Game Lodge, March 1990, (B. Copley and T. Revert)
- "Are you a picture or a puzzle?". **Health Products Association of Southern Africa**, breakfast meeting, Johannesburg, March 1990.
- "Bridging the gap with Cogmotics". The hyperactive child seminar, **Institute for Complimentary Health**, Constantia Centre, Midrand, March 1990.
- The power of play, **St. Andrews Preparatory School**, Grahamstown, April 1990. (B. Copley and L. Copley)
- Competition versus Co-operation, **Johan Greeff and Associates**, Treetops, Kyalami, Johannesburg, May 1990
- Mind/Body Intelligence, **Centre for Continuing Education**, Wits University, Johannesburg, June 1990, (B. Copley and T. Revert)
- Reconciliation, Trust and Co-operation **Koinonia PIR/PIV**, Methodist Church, Pretoria, September 1990, (B. Copley, L. Copley, C. Pretorius and L. Radomsky)
- "Discrimination". **Johan Greeff and Associates**, Treetops, Kyalami, Johannesburg, October 1990, (B. Copley and J. Greeff)
- "Holism in action". **Homeopathic Association of South Africa** Annual General Symposium, Johannesburg College of Education, Johannesburg, October 1990.
- Power Plays : A guide to the artful use of personal power **University of the North**, Pietersburg, October 1990, Prof Paul Smit
- Communication and Co-operation, **Justine Cosmetics**, Lord Charles Hotel, Somerset West, December 1990, (B.Copley, L.Copley and P.Bielovich)

1989(n=8)

- "Cogmotics: Excellence through Integration". This audio-visual presentation given to : :
 - a. **Crossroads School** : February 1989
 - b. **Wits University** : February 1989
 - c. **Sagewood School** : March 1989. (Bruce Copley and T Revert)
- "Cogmotics for the corporate industry". Press launch for the **Brain Gymnasium**, Sunnyside Hotel, Johannesburg, May 1989. (Bruce Copley and T Revert)
- "Cogmotic playshop for the corporate industry", **Brain Gymnasium Launch**, Transvaal Automobile Club, Johannesburg, May 1989. (Bruce Copley and T Revert)
- "Cogmotics and the coach". Audio-visual presentation to the **South African Gymnastics Union**, Protea Gardens Hotel, Johannesburg, May 1989. (Bruce Copley and T Revert)
- "Cogmotics: A Playshop of Education in Action", **Redhill School**, Johannesburg, May 1989. (Bruce Copley and T Revert)
- "Cogmotics: The missing link?". Audio-visual presentation to the **Rotary Club of Rosebank**, Johannesburg, May 1989.

1988(n=9)

- "Exercise, Health and Holism", Audio-visual presentation at the **Sandton Health and Racquet Club**, Sandton, Johannesburg, November 1988.
- "Play to enjoy", Guest of Honour presentation at the annual **St. Martins Preparatory School**, Speech Night, Linder Auditorium, Johannesburg College of Education, November 1988.
- "A modern approach to the study of human movement". Lecture presented at the **University of the North**, Pietersburg, October 1988.

- "Cogmotics: Excellence through Integration". This audio-visual presentation presented by Bruce Copley and T Revert to :
- **S.A. Association of Occupational Therapists**, May 1988
- **JCE Gifted Child Centre**, June 1988.
- **CSIR Scientia Toastmasters**, July 1988.
- **CSIR Conference on Discipline**, August 1988
- **Montessori School** August 1988

1987(n=6)

- "Cogmotics: Excellence through integration". Lecture presented to the **Parent/Teacher Association of Redhill Secondary School** in September 1987.
- "A scientific approach to the coaching and training of squash players". **National Squash Academy**, Johannesburg, November 1987.
- "Body composition and the phantom stratagem". Lecture presented at the **University of the North**, Pietersburg, September 1987.
- "A scientific approach to the coaching and training of cricket players". **National Cricket Coaching Seminar**, Bloemfontein, September 1987.
- "Human Movement Studies - a modern approach". Lecture presented to the **Wits Anatomy Luncheon Club**, Johannesburg, August 1987.
- "Human Movement Science and its role in optimising tennis performance". **Lecture presented at the National Junior Development Plan Tennis Conference**, Johannesburg, June 1987.

1986(n=1)

- "Sports Science - a modern approach". Lecture presented to the **Pyramid Club**, Port Elizabeth, September 1986

1985(n=3)

- "Sports Science at Rhodes University". **Lecture during post-doctoral sabbatical at Simon Fraser University**, Burnaby, Canada, June 1985.
- "A scientific approach to the study of man in motion", **Lecture during post-doctoral sabbatical at the University of Saskatoon**, Saskatchewan, Canada, August 1985.
- "Human Movement Science: Development and perspectives in the Republic of South Africa". **Lecture during post-doctoral sabbatical at the San Diego State University**, California, USA, December 1985.

1984(n=1)

- "The role of Human Movement Science in the attainment, maintenance and promotion of physical fitness". **Provincial Administrators Congress**, Port Elizabeth, 1984.

1983 (n=1)

- "Physical exercise and the quality of life". Lecture presented to the **Olivian Club, Knysna**, 1983.

1976 (n=1)

- "Liquid intake during competition". **National Sport, Administration and Coaches Conference**, Johannesburg, November 1976.

1975(n=1)

- "The tennis serve, a kinesiological approach". **National tennis coaching seminar**, Port Elizabeth, December 1975
1973(n=1)
- "The mechanics of tennis". **Provincial tennis coaching seminar**, Johannesburg, March 1973.

Radio Interviews

- Drithmix An interview with **John Lesley on Radio Today**, Auckland Park, Johannesburg, 1 November 1999
- The Rainbox Vuvuzela An interview with **John Maythem on Radio 702**, Cape Town, during the World Soccer Cup in 2010
- From halfism to holism **Radio Helderberg** Interview, Cape Town, 6 January 2011

Newspaper Articles

SPORT (n=23)

- Borg's a slow heart throb, **Rand Daily Mail**, 21 July 1970
- Lecturer invents tennis coach, **Pretoria News**, 9 Oct 1974
- Copley se Patent baie geslaag, Heloise Davis, **Oggendblad**, 1 Nov 1974
- You're unfit verdict on tennis men, **Citizen**, 2 Dec 1977
- Fisiese problem word so opgelos, **Vaderland**, 2 Dec, 1977
- Superboy, **Sunday Times**, 21 Oct 1979
- Squash men are streets ahead, **Eastern Province Herald**, 18 July 1980
- Squash group pitted against machines, **Weekend Post**, 19 July 1980
- Rugby suicidal says SA Expert, **Sunday Times**, 7 Sept 1980
- Stars are born not made, **Rand Daily Mail**, 25 Feb 1981

- How much pull do you need to pull a ricksha, **Natal Mercury** 15 May 1981
- Getting the measure of SA's Leading sportsmen, **Eastern Province Herald**, 4 June 1981
- Medical men visit Rhodes cardiac unit : Praise for Sports Centre, **Eastern Province Herald**, 21 Aug 1981
- Channel Swimmer fitness tested, **Eastern Province Herald**, July 1981
- Feasts of circus stars to be probed, **Eastern Province Herald**, 27 May 1982
- Sirkussterre beter as gimnaste, Perskorburo, **Die Vaderland**, 28 May 1982
- Pas op ! Dood hardloop saam in Comrades, **Beeld**, 2 Junie, 1983
- Follow up on waterski results, **Grocotts Mail**, 15 Jan 1985
- The more you run the more you risk, **Pretoria News**, 24 Feb 1987
- Few know the true meaning of fitness, **Pretoria News**, 24 Feb 1987
- Exercising has dangers, Lauren Kiesouw, **Pretoria News**, 24 Feb 1987
- These tough guys don't cry, M Farguharson, **Pretoria News**, 18 May 1987
- For power, for energy try Cogmotics, The Mind, Marika Sboris, **The Star**, 26 Sept 1989

SCIENCE (n=14)

- How to beat them with science, **Daily Dispatch**, 23 June 1979

- Science of the tennis court, **Citizen**, June 1980
- Dosent se tesis uniek , **Hoofstad**, 20 July 1979
- Senior Post for ex-city man, **Pretoria News**, 21 July 1979
- Copious Copley hits high note, Degree makes tennis history, **Citizen**, 24 Jan 1981
- Nuwe feite oor tennisspel bekend, **Oggendblad**, Feb 1981
- Research team has trapeze artists taped, **Daily Dispatch**, 11 June 1982
- Vooraanstaande SA wetenskaplikes vereer, **Hoofstad**, 15 Junie, 1982
- Top SA Scientists honoured, **SA Digest**, July 1982
- Circus Research : Scientific study of circus performers, Mark Horn, **Rhodes Review**, 1982
- A year of studying unique sports, **Grocotts Mail**, 28 Feb 1986
- Top post for Rhodes Academic, **Grocotts Mail**, 20 March 1987
- Copley heads Movement Studies at Wits, Staff Reporter, **Pretoria News**, 21 May 1987
- Sport Scientist leaves top post to foster Cogmotics, Sue Valentine Education Reporter, **Star**, 12 Sept 1989

EDUCATION (n=4)

- Teachers need to be more than talking heads to their pupils”
By: Angelique Serrao, **Pretoria News**, 13 Sept, 2007
- "Involving learners for better, holistic understanding.(News)."
The Star, Independent News & Media PLC. 2007. 1 Feb. 2011

- The future window in your head. Trends Management, Adam Gordon, **The Star**, 21 June 1991
- Awakenings, by Hilary Bassett, **Longevity Magazine**, Dec 2001

MUSIC (n=7)

- The Rhythm is Gonna get you, , Wendy Maritz, **Vitelle**, SA Medical Association, Health and Medical Publishing, 1998, pg 18-19 The South African Medical Association
- Feeling the beat, **Pathways to Health**, Julia Landau, pg 51, Dec 1998
- Can you hear the drums ? Marianne Holtman, **Fair Lady Magazine**, 26 May 1999
- Drithmix : A new way to holistic wellness, **TLC, Your waiting room magazine**, Caroline Gibson, SA Medical Association, 1999
- Vuvuzela Rethink hits all the right notes, Bianca Capazoria, **Weekend Argus**, 22 May 2010
- Orchestra makes sense of vuvu sound, Clayton Barnes/Liam Moses, **Cape Argus**, 4 June 2010
- En hoor jy die magtige dreuning van vuvuzelas ? Colin Hendricks, **Kaap Rapport**, 6 June 2010

GENERAL (n=4)

- Bruce Copley, **Unisa Alumnus**, July 1983
- Kowie River Carnival, **Kowie Announcer**, 21 Dec 1984
- Canada for Copley family, **Coastal News**, 24 Jan 1985
- All fired up, **Full Circle Magazine**, pg 6, June 2005

Internet Links

Primal Fire

- Afrikaburn Cheese Grater burn : This 3 story high wooden structure was ignited by the Original Fire which I introduced to thousands of people at the 2013 Afrikaburn event which takes place in the Tankwa Karoo.

<http://www.youtube.com/watch?v=FgCXIGUnF-Y>

- Afrikaburn San Clan burn :

<http://www.youtube.com/watch?v=VFfHAothqn8>

Didgeridoo

- Low Penta C Hang and Didge :
<https://www.youtube.com/watch?v=JfcTIF8fxkA>
- Didgeridoo Breath : Perth Australia : Two articles and 3 videos showcasing unique feats with the didgeridoo
http://www.didgeridoobreath.com/kb_results.asp?ID=16
- Crocodile Copley
<https://www.youtube.com/watch?v=zMFutkVr6Mk>
- Didge Masterclass
<https://www.youtube.com/watch?v=MUjk0ukXkOw>
- Fire Didge <https://www.youtube.com/watch?v=Gc8ehxGMxfE>
- Skiing Didge with Family :
<https://www.youtube.com/watch?v=tPuQz09eBg4>
- Hang/didge jam in Free Mantle, Australia :
<https://www.youtube.com/watch?v=HeEiBFXaa6Q>
- Money Didge : <https://www.youtube.com/watch?v=LI9XP3p-Pic>

- Running Didge : <https://www.youtube.com/watch?v=y0-FVblu0o8>
- Musical Didge :
https://www.youtube.com/watch?v=dV1mLU3_cUc
- Dual Didge : <https://www.youtube.com/watch?v=dc-swBeC9tE>
- UK Didge performance in Northhampton : Article only
<http://www.idoo.info/bruce.htm>
- Australian shop Didgeridoo Breath Listing – Article only :
http://www.didgeridoobreath.com/kb_results.asp?ID=16
- <http://didgeridoowho.blogspot.com/2010/06/crocodile-copley.html>
- <http://www.idoo.info/bruce.htm>
 - People Interview : Bruce Copley, by Ed Drury, **Didgeridoo & Co Magazine**, pg 8-13, Jan/March 2005
 - **Didgeridoo Festival** Pretoria News, Andries Bruyns
- **Oddstruments Blogg** : Reporting the Fire Didge discovery a world first : <http://oddstrument.com/smoking-didgeridoo-bursts-into-flames/>

Vuvuzela

- Rainbow Vuvuzela (8 min)
<https://www.youtube.com/watch?v=qdYEMwM8Roo>
- Rainbow Vuvuzela (3 min)
<https://www.youtube.com/watch?v=0cm5nnzC2h4>
- **SABC Rainbow Rhythm Series** : Showcasing the Rainbow Vuvuzela a unique musical discovery recently aired on SABC 2 in 2010.
- Rainbow Vuvuzela Sony website
<https://www.youtube.com/watch?v=XzgyBPYjPRI>

- Robben Island Museum, In celebration of Tata Madiba's birthday, 18 July 2010, Performance by Dr Bruce Copley's Rainbow Vuvuzela Ensemble

Bagpipes

- Southern Sun Thank you using my Great Highland Bagpipes to convey a message to the staff and which elicited a beautiful response from them – video

<http://www.youtube.com/watch?v=wGoeWuWr5A4>

Acorn Cupula

The national anthem playing on the acorn cupula a living musical instrument capable of playing any tune in any key - Video

https://www.youtube.com/watch?v=_b7vORTmIns

Drum

- Chief Seattle Speech on Drum - Video :
<https://www.youtube.com/watch?v=PhdzYmvrOj0>
- Article by Claren's Journalist Dr. Bruce Copley and the intriguing one-man band Zirk Bergh, came together with local electric violinist Denzl Keenen, to have some fun and challenge each other musically.: <http://clarensnews.co.za/the-hills-were-alive/>
- Amazon listing of my book Scientific Tennis published 1979 :
<http://www.amazon.com/Scientific-tennis-Bruce-B-Copley/dp/0949980986>
- Clarytone Medley by Bruce Copley – Audio clip :
http://www.aahalearning.com/audio/bruce/clarytone_medley-clarytone.mp3

- Davies Madiba musical jive in Grahamstown Video : July 2015

http://www.youtube.com/attribution_link?a=Abm5fnrDkDc&u=/watch%3Fv%3Dzi05keT5pvc%26feature%3Dem-share_video_user

General

- **Conference Speakers International**
<http://home.intekom.com/conferencespeakers/speakers/DrBruceCopley.htm>
- **Rhodes University Trust USA website** : Listing of Alumni Accolades and outlining my achievements :
<http://www.rhodesalumni.com/accolades.html>
- **SKF Bruce Copley Holistic Learning Adds Value, Evolution Business and Technology 7June 2006.....Article**
<http://evolution.skf.com/us/bruce-copley/>

Tennis publications and presentations(n=47)

(**Note** : All the items in this chronological list are also listed in relevant sections of my Curriculum Vitae) Twenty two popular articles originally published in **SA Tennis** based on my PhD study and from my book **Scientific Tennis** in the 70's and 80's, were listed on the **International Tennis Federation(ITF)** website in 2011 under a Science/Research category that contained around 750 listed articles. The ITF is the world governing body of tennis providing a wide range of services, products, publications and tennis information. I authored the most publications in this listing around 3 times more than the next multiple listed author Dr Coleman with 8 listings. It was clear from the other listings most of which reported on tennis related injuries, that my contribution involved pioneering scientific tennis research.

- Borg's a slow heart throb, **Rand Daily Mail**, 21 July 1970

- "The mechanics of tennis". **Provincial tennis coaching seminar**, Johannesburg, March 1973.
- Lecturer invents tennis coach, **Pretoria News**, 9 Oct 1974
- Copley se Patent baie geslaag, by Heloise Davis, **Oggendblad**, 1 Nov 1974
- "The tennis serve, a kinesiological approach". **National tennis coaching seminar**, Port Elizabeth, December 1975
- *COPLEY, B.B. (1975)*, Fitness for Tennis, **National Safety, Safety First Association Incorporated**, 9, 4-5.
- *COPLEY, B.B. (1975)*, The Concept of fitness for tennis, **S.A. Tennis**, 6, 18-19.
- *COPLEY, B.B. (1975)*, Training and tennis, **S.A. Tennis**, 7, 23 & 25.
- *COPLEY, B.B. (1975)*, The learning process in tennis, **S.A. Tennis**, 8, 29 & 31.
- **COPLEY, B.B. (1975)**, Measuring tennis skill, **S.A. Tennis**, 9, 19.
- *COPLEY, B.B. (1976)*, The effect of spin on a tennis ball, **S.A. Tennis**, 1, 25-27.
- *COPLEY, B.B. (1976)*, Nutrition, **S.A. Tennis**, 2, 16-17.
- *COPLEY, B.B. (1976)*, Important muscles, **S.A. Tennis**, 3, 6-7.
- *COPLEY, B.B. (1976)*, Weight training: Part 1, **S.A. Tennis**, 4, 6-7.
- *COPLEY, B.B. (1976)*, Weight training: Part 2, **S.A. Tennis**, 5, 16-17

- *COPLEY, B.B. (1976), Weight training: Part 3, S.A. Tennis, 6, 14-15*
- *COPLEY, B.B. (1976), Muscle soreness - cause, prevention and relief, S.A. Tennis, 7, 10-11.*
- *COPLEY, B.B. (1976), Special aids to physical performance, S.A. Tennis, 8, 8-9.*
- *COPLEY, B.B. (1976), The pros and cons of warming up, S.A. Tennis, 9, 6-7.*
- *COPLEY, B.B. (1976), Motivation, S.A. Tennis, 10, 8-9.*
- *COPLEY, B.B. (1976), Environment and physical performance: Part 1, S.A. Tennis, 11, 16-17.*
- *COPLEY, B.B. (1976), Environment and physical performance: Part 2, S.A. Tennis, 12, 14-15.*
- *COPLEY, B.B. (1977), Circulation and Exercise, S.A. Tennis, 1, 10-11.*
- *COPLEY, B.B. (1977), What is tennis ability? S.A. Tennis, 8, 52-53.*
- *COPLEY, B.B. (1977), The physique of champion tennis players, S.A. Tennis, 10, 6-7.*
- *COPLEY, B.B. (1977), The physical fitness of champion tennis players, S.A. Tennis, 11, 20-21.*
- *COPLEY, B.B. (1977), A new approach to sport injuries, S.A. Tennis, 12, 8-9.*
- *COPLEY, B.B. (1978), Liquid intake during tennis competition, S.A. Tennis, 1, 8*
- *You're unfit verdict on tennis men, Citizen, 2 Dec 1977*

- Copley, B.B. (1978). The effects of intensive tennis playing on certain morphological parameters. Proceeding of the Anatomical Society of Southern Africa. **Abstract in: J. of Anatomy, 126, (3), 666.**
- Copley, B.B. (1980). A morphological and physiological study of tennis players with special reference to the effects of training. **S.A.J. for Res. in sports, P.E. and Rec., 3, (2), 33-44.**
- Science of the tennis court, **Citizen**, June 1980
- Copious Copley hits high note, Degree makes tennis history, **Citizen**, 24 Jan 1981
- Nuwe feite oor tennisspel bekend, **Oggendblad**, Feb 1981
- **Who's Who in Tennis**, edited by J. Cooke (1983), World Championship Tennis, p. 154, published by Owen Williams
- Copley, B.B. (1983). Tennis Players. **New Zealand Journal of Sports Medicine, 2, (1), 8-10, (Ed. P.V. Tobias).**
- Copley, B.B. (1984). The effects of competitive singles tennis playing on serum electrolytes, blood glucose and blood lactate concentrations. **New Zealand Journal of Sports Medicine, 12, 36-39.**
- Copley, B.B. (1984). Effects of competitive singles tennis playing on serum electrolytes, blood glucose and blood lactate concentrations. Proceedings of the Physiological Society of Southern Africa. **Abstract in: S.A.J. of Science, 80, 145.**
- Copley, B.B. (1986). Telemetered cardiac response to selected circus acts. **New Zealand Journal of Sports Medicine, 14, (3), 63-65.**
- "Human Movement Science and its role in optimising tennis performance". **Lecture presented at the National Junior Development Plan Tennis Conference, Johannesburg, June 1987**

- "Human Movement Science and its role in optimising tennis performance". **Lecture presented at the National Junior Development Plan Tennis Conference**, Johannesburg, June 1987
- Copley, B.B. (1988). Morphological Characteristics of professional circus artists. Proceedings of the Anatomical Society of Southern Africa. **Abstract in: S.A.J. of Science**, 84, (6), 520

ZEBEDIELA VISITS(80 days from 1994 to 2013)

- Bruce, Donovan and Marisa 20-23 August 1994
- Solo 2-3 July 1995
- Solo 10-15 January 1996
- Solo 6-9 September 1996
- Solo 31 March – 7 April 1998
- Solo 17-22 Oct 1998
- Solo 7-13 November 1999
- Solo 11-26 October 2002
- Bruce and Barbara 20-23 March 2004
- Bruce and Andrea 8-11 April 2006
- Bruce and Barbara 25-29 June 2011
- Bruce and Lauren 24-29 March 2013
- Solo Final farewell 29 March – 5 April 2013

Shangri-la Sessions : 59

Houw Hoek Inn Sessions : 23

Espanda Ranch : 2

Fred Donaldson sessions : 30

ABBREVIATED CURRICULUM VITAE
(Updated JANUARY 2014)

FULL NAMES

Bruce Burley Copley

DATE AND PLACE OF BIRTH

22 March 1949, Pretoria, Republic of
South Africa

FAMILY HISTORY

Married to Linda Mary Stocks in 1973
Three children, Sharlto Brandon,

Genevieve

Donovan Matthew and Marisa

Divorced in 2004

PRESENT POSITION

Semi retired.

QUALIFICATIONS

Four degrees, one diploma and a post-doctorate:

B.A. (Physical Education)
 B.A. Honours (Sports Science)
 M.A. (Exercise Physiology)
 H.E.D. (Post Graduate)
 Ph.D. (Faculty of Science)
 Post-doctorate in Canada and USA.

PROFESSIONAL HISTORY

High School Teacher (1971)
 Pretoria University lecturer (1972-1975)
 Rhodes University lecturer (1975-1986)
 Founder and Director of the Rhodes University Sports Science Centre (1980-1986)
 Post-doctoral research fellow in North America (1985)
 Head of Human Movement Studies at Wits (1987-1989)
 Chairman of the Institute of Movement Science (August 1987 to 1992)
 Chairman of AAHA LEARNING to 2013

(1992

PUBLICATIONS

101 publications which include 53 research papers, 44 popular articles and 4 books. Research conducted included unique studies of professional tennis players, circus performers, rickshaw pullers, rodeo

riders, lacrosse players and channel swimming.

RESEARCH GRANTS

Twenty scientific research grants.

RESEARCH SUPERVISION

Supervised 29 post-graduate research dissertations.

LECTURES AND WORKSHOPS

Presented hundreds of lectures and workshops in South Africa and abroad to about 10,000 people from 1987 to 1994

PROFESSIONAL ASSOCIATIONS

- * Professional public speaker listed with Charisma Communications
- * Former S.A. Medical and Dental Council registered Biokinetician.

Former member of the following organizations:

- * International Society for the Advancement of Kinanthropometry (ISAK)
- * South African Association for the Advancement of Science (S2A3)
- * International Council for Physical Fitness Research
- * Institute of Noetic Sciences
- * Renaissance Business Associates
- * Third Way Society

AWARDS

Awarded the 1982 Association Medal by the South African Association for the Advancement of Science (S2A3). This medal is awarded to a person under the age of 40 years who is actively engaged in scientific research and who has provided evidence by way of publications, discoveries and/or skills of outstanding capability and achievement, especially when measured by international standards. This medal has the status of one of the highest awards for scientific research in Southern Africa and it is the first time in its long history that it has been awarded to a Human Movement Scientist.

RECOGNITION

Included in International publications: "Who's who in Tennis", Biography International and Men of Achievement.

SPORTING AND RECREATIONAL ACHIEVEMENTS

1. Provincial (Northern Transvaal and Eastern Province) and S.A. Universities tennis representation.
2. Provincial (Eastern Province) and S.A. Country Districts squash representative.
3. Transvaal Inter-provincial Veterans Squash Team (1994)
4. Rhodes University Supersportsman (1980) and Eastern Province supersportsman representative.
5. Canadian ultralight pilot's licence and South African fixed wing private students pilot's licence. SA paragliding student
6. Internationally certified scuba diver.
7. Standard Bank Waterskiing Champion in 1984 (slalom, trick and barefoot skiing events).
8. Active participation in the following: distance running, cycling, clay pigeon shooting and windsurfing.

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